

**COMPREHENSIVE & HOLISTIC
VIEW OF
SATHIYA YOGAM**



**SATHIYA
YOGAM**



INDIA



Malaysia



Singapore



Srilanka



South Africa



Mauritius

*"We together, Liberate each other"
"Help each other, Grow together"*

SATHIYA YOGAM Divisions

* SEVA * SHIKSHA * CHIKITSA *
* CHIKITSALAYAM * OWSHADHAM *
* SAAMAGRI * PRACHAR *



SATHIYA YOGAM



Aathmeswar Sathiyaji

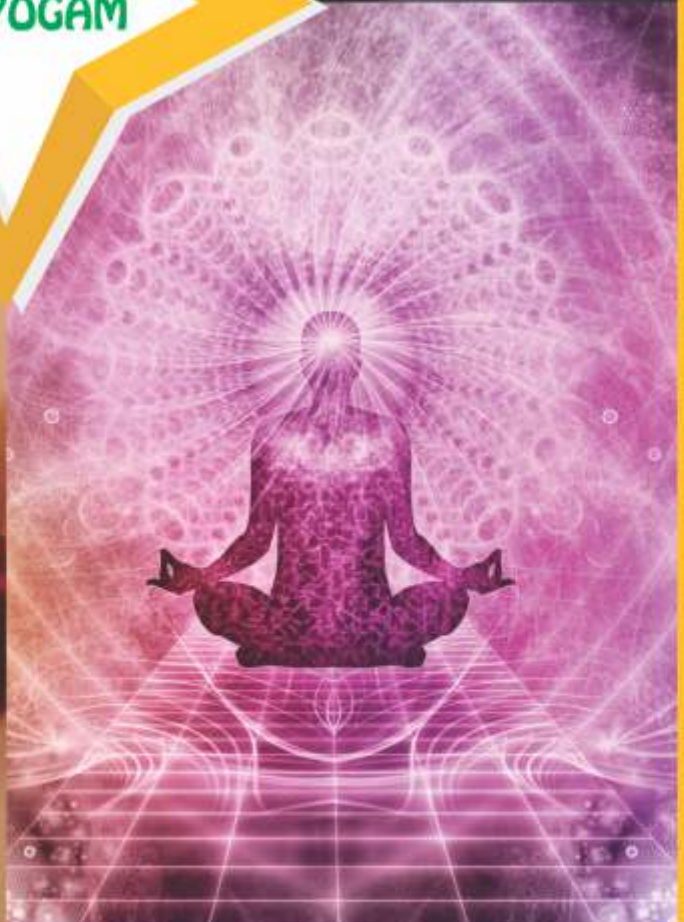
Spiritual Guide & Healer | Life Path Progression Coach
Mystic Therapist | Speaker | Author | Philosopher

Founder

SATHIYA YOGAM

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Aathmeswar Sathiyaji is a Follower of Siddha Guru Nityanandha Baba of Ganeshpuri, with decades of Practice he has explored lot of techniques from various Teachers, Gurus, Sidhas in the last 20 years and had become Master to Teach Meditation in a simple Scientific way. He is a Spiritual guide, Healer and a Life Path Progression Coach.

Sathiya Yogam provides Spiritual awareness and Enlightenment programs in the last 14 years and had established centres in India and few other countries, and has five different divisions of activities as Seva, Shiksha, Chikitsa, Saamagri, Prachar, Chikitsalayam and Owshadham.

Sathiya Yogam programs include asanas, pranayamas, and meditations to lead a completely Spiritual, Materialistic, Healthy and Joyful life. The ultimate aim is to be free from the Cycle of Birth and Death.

Sathiya Yogam have centres in India, Singapore, Malaysia, Srilanka and Mauritius.

Now, Sathiya Yogam is on a mission of Providing Spiritual Enlightenment to the mass by establishing more centres in India and various Countries.



**The motto of
Sathiya Yogam is**

**“We together
liberate each other”**

**“Help each other
and grow together”**



Aathmeswar Sathiyaji

(Brahma Shri Dr. T.Sathya Narayana Murthy)

Spiritual Guide & Healer
Life Path Progression Coach
Mystic Therapist | Speaker
Author | Philosopher

Founder

SATHIYA YOGAM

SATHYAM YOGAM ACTIVITIES

Sathiya Yogam's Spiritual Healing, Meditation activities and training programs were started in the year 2006 by Aathmeswar Sathiyaji at Chennai and subsequently in Malaysia, a formal Sathiya Yogam centre with activities was formed in Chennai.

Spiritual and Enlightenment programs were conducted in Chennai, Bangalore and Malaysia in the early years and was expanded to the next level with its associate's functioning at Bangalore, Vijayawada, Nellore and Visakapattinam .



From the year 2012, expansion activities started happening with centre at Srilanka, Singapore and Mauritius and currently Malaysia has 3 centres in at Rantau, Klang and Penang.

In 2016, Sathiya Yogam Prachar division was started to spread and create awareness among common people, for which "Sathiya Yogam" Speaks magazine was started.

FOUNDER'S SPIRITUAL JOURNEY

b Aathmeswar Sathiyaji's spiritual alignment started from the age of 7 with initiation of Maha Ganapathy Moola Mantra by his father.

b At the age of 12, he was initiated with Dhakshnamoorthy Moola Manthra by the divine Renegunta Saint Swamy.

b Ramananda Parama Hamsa initiated him with the techniques of healing in 1998.

b Neyveli Swamigal initiated him in the path of realistic and mantra meditation in 1999.

b Avadhooth Baba Shivananda initiated him with Shiva Yogam.

b Shivananda Parama Hamsa disciple Gnana Muktha Nanda after his 40 years of practice and penance had initiated Sathiyaji with Siddha Vidhya after 40 days of continuous thapas in the banks of Godaveri on Karthika Poornima in 2001.

b After his learnings, he started his journey from Kanniyakumari to Kashmir, spent many months at Rishikesh.

b He met Shantananda Puri in Vashista Guha.

b Learnt the Vedantha Ragasia (Secrets of Vedantham).

b Learnt Gambiraga Pranayama from Guru Maharaj of Rishikesh.

b Madam Chanchala initiated Shrividya Misra Margam. Sathiyaji was fortunate to meet many Saints and Guruji's at Rishikesh during that period.

b Learnt Samaya Chaara Margam through Jagannatha Nanda and was initiated by Avadhooth Baba Nadananda to Samaya Sara Srividhya.

b Had done Narmada Parikarama with Avadhooth Baba Nadananda who is the direct lineage of Shiva Nanda Parama Hamsa Nithya Nanda and Tharamayi.

b Kerala Nambudiri have initiated him with Kaula margam of Srividya.

b He had undergone initiations through the disciples of great saints like Kadappa Sachidananda Yogiswara, Periya Chidambaram Swami, Kaivaram Narayana Swamy.

b Sathiyaji is also initiated with Buddhist Meditation by Buddhist monk Nithya Shanthi.

b He got introduced and was initiated with the great secrets of Sufism by Saint Syed.

b Learnt Shiddha Shakthi, Shambavi Shakthi, Navagraha Shakthi and many more methods by

Dhivya Chikitsa (divine healing) through the disciples of Avadhooth Baba Nithya Nanda.

b Avadhooth Baba initiated Sathiyaji with Shakthi Path and to provide Shakthi Path to others to connect them to the divine.

b Got the blessings and initiation by Akshya Swami of Hampi, Selvamani Ayya, Shivamoorthy of Visakapattinam.

b Got initiated to Mysticism by Mystic Selvam and other Mystic masters.

b Got initiated to Radha Manthiram to spread unconditional love with Sri Krishna Maha Mantra of ultimate truth.

b Apart from learning all the ancient Vedic, ritualistic mantras, procedures and practices he has also learnt and acquired knowledge of Modern sciences and techniques as Hypnosis, NLP, Acupuncture, Acupressure, Brama Pada Chikitsa, Abhaya Hasta Chikitsa, Sujok, Scalp Therapy, Yoga, Navel Therapy etc.

b He had done a Doctorate Program in Acupuncture Treatment.



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*"We together, Liberate each other"
"Help each other, Grow together"*



KARYAKRAMAH

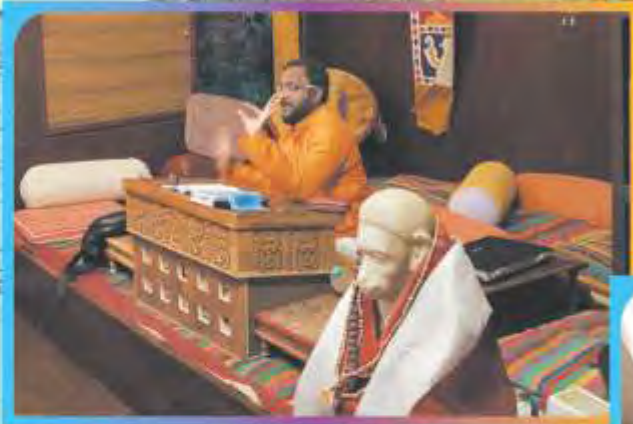
(Activities)

Sathiya Yogam conducts various activities like Information / Awareness sessions, Spiritual & Enlightenment programs, Training programs, Healing and Meditation sessions, Group Healings and Remote Healings, Personal developments sessions, Personal Counselling, Spiritual retreats, Full Moon and New Moon Day Homa. (Spiritual retreats are conducted at Rishikesh, Haridwar and Thiruvanamalai etc., and many programs have been Conducted in Malaysia, Singapore, Srilanka and Mauritius periodically)

KARYAKRAMAH (Activities)



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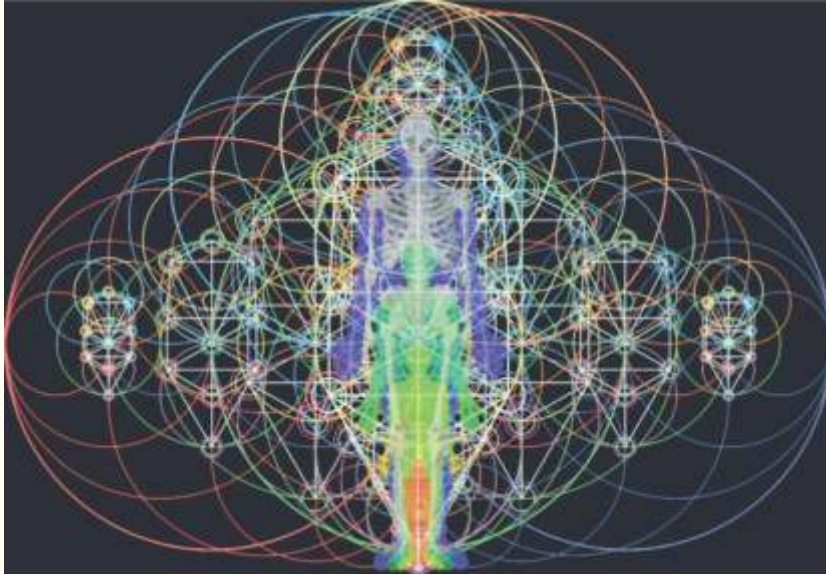




ATMARTHA SEVA

Service

Sathiya Yogam does various free service sessions for its followers and general public, few are Crystal Homa, Karmic Mandala, Shakthi path, Vibronics (distribution of free medicines) Full Moon, New Moon day and Shivarathri day Prayers and meditations, Navavarana meditations on Fridays and Special meditations on Dasara days.



THE HEALING POWER OF THE MANDALA

Mandala's are sacred pieces of artwork which are used to evoke healing, spiritual development and meditation. The word Mandala means 'sacred circle' and is derived from the word 'mandra' which means 'container of essence'. This circle or 'container of essence' is said to represent wholeness, health, connection, unity, harmony and the cycle of life. It is also said to symbolize being one with life, going with the flow and reflecting inward.

Mandala's also contain geometric patterns which reflect and represent the geometry of the entire Universe. They usually have a focal point in the center which is known as the seed and is the starting point to the creation of the Mandala and all of life. Mandala's can be traced back through many ancient cultures including the Native Americans, Australian Aborigines, Hinduism and Buddhism. Through all cultures however, the creation of a Mandala is often a sacred process that can take weeks to complete. All Mandala's are created from the center out and take on their own shapes, colors and patterns depending on the message or healing that is being evoked. A traditional Buddhist Mandala also includes

four quadrants which are said to represent loving kindness, compassion, sympathy and equanimity. These quadrants are also adorned with the colors white, yellow, red, green and blue which are said to heal the delusions (ego) that obscure the soul.

White: heals ignorance and turns it into acceptance, purity and wisdom

Yellow: heals pride and turns it into oneness, compassion and abundance

Red: heals attachments and fear and turns it into confidence, freedom and power

Green: heals jealousy and turns it into unconditional love, understanding and accomplishment

Blue: heals anger and turns it into self-reflection, self-expression and intuitive perception.

There is also rich symbolism to all of the lines, patterns and markings on a mandala and many psychologists, including Carl Jung have studied the sacred meaning and healing potential of Mandala's. It is believed that when you create, color or look at

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a Mandala that you are silently programming the mind to take on the essence of oneness or completion. Meditating upon the center of the Mandala is also believed to help you enter into the rich symbolism of the artwork and decode the messages that you need to take away from the Mandala.

Jung also used Mandala's with his patients and even instructed them to create their own. He discovered that the symbols from the Mandala's were able to be subconsciously absorbed into the individuals mind, bringing about healing and self-reflection.

"It became increasingly plain to me that the Mandala is the center. It is the exponent of all paths. It is the path to the center to individualisation."- *Jung*. Today Mandala's are being used as a form of art therapy or meditation to help those suffering with mental illness, debilitating diseases, life challenges, stress and more.

3 Ways to Use Mandala's for Healing Mandala Meditation

Choose a Mandala that appeals to you. You may find it easier to select a Mandala if you take a moment to set your intention for your healing first. Once you have chosen your Mandala begin by focusing on the center of the circle. It is through this point that you can 'enter' the Mandala and journey through the symbolism. When you feel focused enough, move your attention to other areas of the Mandala. Allow your eyes to take in the beautiful patterns and colors and stay present with any thoughts or feelings that arise. If you start to become distracted, gently bring your attention back to the Mandala, allow it to absorb all your attention and focus.

As you begin to 'fall' deeper and deeper into the Mandala, continue to relax and breathe. You may begin to experience feelings of peace and joy or you may hear intuitive or Divine messages. Just go with the flow of your experience and release all expectations. Start with around 10-15 minutes per day and work your way up from there.





Creating a Mandala

Creating your own Mandala can be a very healing experience. Use your intuition to guide you as to what medium you want to use for your Mandala. Some suggestions include- sand, water colors, crayons, pastels, pencils, paint, flowers, leaves, rocks, gems etc.

Set your intention for your Mandala and what type of healing you want to evoke. Perhaps spend a few minutes meditating upon your intention. Once you are ready, begin creating your Mandala, working from the inside out. There are really no rules with how to create a Mandala. This is your project, follow your intuition and allow your heart to guide you.

Continue focusing on your intention as you create and draw, there is no right or wrong, so allow

yourself to go with the flow and feel the beautiful energetic connection to your work. Once you have created your Mandala you can use it for your own meditations or hang it in a place that you can regularly gaze at it.

Coloring a Mandala

Think about your intention and then choose a Mandala accordingly. Once you have your Mandala, select the color theme. Allow your intuition to guide you. Perhaps also think about the spiritual significance of colors in your life, in nature and in the Chakras.

Take a moment to clear your mind and honour your intention. Begin coloring your Mandala, using whatever medium you desire such as paints, crayons, water colors etc. Focus on your intention and remain open to the healing you may receive. Again, there is no right or wrong with this so allow your intuition to guide you to choosing the right colors and textures.

We use this Mandala symbol and shape for healing with the help of **Rudraksha**.

Creating Mandala for healing with the help of Using Rudraksha, Spatika Mala, Tulasi Mala, Lotus Mala and Precious stone Mala.

By using the knowledge of Mandala Chikitsa (Mandala Healing) we can make our own stand Mandala for healing, Meditation, and Prayer.

The Highest of Highest is we can prepare the **MANDALA OF BEING**, for discovering the power of Awareness of our own self.



Sulabha Dhyanam

Sulabha Dhyanam is a form of De-concentration Meditation which encourages us to observe wandering thoughts during mediation, they drift through the mind, by which we can know our pattern of thoughts.

Through Sulabha Dhyanam we can relax the physical body, the muscular system, autonomic nervous system, by this way conscious mind also relaxes and automatically our subconscious mind will be invoked. The subconscious mind is the store house of all the incidents the soul had gone through from the time the soul has started its journey in this plain. By regularly practicing of Sulabha Dhyanam the mind goes deeper and deeper level of our subconscious mind, In our subconscious mind the suppressed emotions and incidents faced by the soul in this life or in the past lives will pop up to the surface and will be erased.

If in case, we have any misunderstanding with any person in last few days and when practice Sulabha Dhyanam the same disturbing thoughts will show up in our mind. If we adopt free mental attitude during Sulabha Dhyanam we can understand the nature of misunderstanding and the other persons

perspective, by which we will be able to analyze our pattern of Positive and Negatives to reform ourselves, also we will be able to understand the other person and shall be able to forgive the person or ignore the thoughts in the Sulabha Dhyanam.

By doing Sulabha Dhyanam we can understand why certain incidents keep happening in our lives, I can provide a case study of my client which happened in 2006. One of my client who was working in NASA had an issue, that whenever he ventured in life whether it is his studies, career or marriage, he tends to encounter blocks in the first try and he only succeeds in the second try.

During the course of consulting, He narrated his various 4 different situations in his life about his failures and success. He started narrating about his school secondary exam results, as a brilliant student he expected to be a topper in the results. In those days the results were published only in the Newspaper and on that day of result he was not able to find his registration number in the Newspaper, he panicked and cried for not passing the exam. Later that day someone from the school called him and informed that he had scored District

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First marks and his number was separately published in a special column in another page. After checking that page of the newspaper he found his number and felt happy.

In the Second incident, when he had applied for admission to Top colleges, initially he was not able to get an admission in any of the Colleges, after a month he received a Scholarship letter from the Cambridge University and got his admission only in the second try. He also narrated the 3rd incident, when he applied for a job, he didn't get it in the first attempt, but after few month he got the job in NASA, which reiterates a pattern.



In the 4th incident, when he was about to get married to a bride arranged by his parents, on the day of engagement it broke up and he underwent a traumatic situation, later after a year he married a loving girl and happily married now. Thus in his life he always encountered a block situation in the first try and succeeded only in the 2nd venture.

Then, during the consulting session he did Sulabha Dhyanam and identified the reason, he started realizing why he was not able to achieve it in the first attempt and succeeded in the 2nd try. In Sulabha Dhyanam he saw himself as a young boy of 8 years, he was the only child to his parents and he used to cut the Birthday cakes always, But on one occasion since it was his parents' marriage anniversary, his parents bought a cake and they had cut the cake due to oversight and crowd, he could not cut the cake, he was dejected and cried a lot, to pacify him they gave him more sweets and cakes. So from that day, his subconscious mind had registered that he won't be able to get things in the first attempt and can only succeed in the 2nd try, he understood, why he always succeeded only in the 2nd try for whatever is happening in his life.

In Sulabha Dhyanam, we will be able to erase our karmas by way of absorbing and visualizing the incidents during our meditation. When we meditate, our suppressed emotions popup to our subconscious mind and we'll be able to analyze why we are undergoing the same situation or incidents, which is happening repeatedly in our life. Once we observe our thoughts we can analyze and arrive at a conclusion and let go any incidents which happened in the past from our mind and we can erase our negative imprints.

We will also be able to minimize the effects of negative emotions like anger, guilt, worries and fear etc. As in the earlier situation, suppose we had a misunderstanding and are angry about the person involved, we may have reacted angrily. But when we observe the same incident in Sulabha Dhyanam we'll be able to see the other person's point of view, about why he had reacted like that. By practicing the Sulabha Dhyanam we'll be able to just witness the incident in our mind and release the anger or any other negative emotions.

HEALING Through

CRYSTALS

Crystals have been used throughout all of history as a source of healing power. Ancient cultures all over the world used healing crystals and stones to align, clear and transform their energy, spirit and physical health.

The metaphysical powers of crystals were no mystery to most ancient cultures including the Egyptians, Mayans and Sumerians who regularly adorned their bodies, jewelry and buildings with these sacred stones. Crystals are minerals formed underground from three-dimensional repeating patterns of atoms. A crystal's appearance depends upon the natural characteristics

of its type and the conditions in which it grows. Some take on strange shapes, some are very small and others grow very large, developing over thousands of years. Crystal healing therapy involves placing gemstones on the body to draw out negative energy. Crystal healing is an alternative medical technique in which crystals and other stones are used to cure ailments and protect against disease.

You can use crystals to heal everything from migraines to anxiety and beyond. Healing crystals can also accelerate your meditation practices, align your 7 chakras and even induce trance states under the right conditions. There's no limit to the types or level of healing you can get from the right crystal or stone in the right application.

The repeating chemical structure of crystals is said to invest them with a kind of memory. This means that crystals have the power to hold energies. You may hold a quartz crystal with the intention of filling it with your love.

This is what is meant by programming a crystal. You do not need any wires or a special connection with God - all you need is intention and focus. The crystal will remember your love, which will then permeate any environment in which the crystal is placed. In olden day, people chant mantra with Spatika (Crystal) Mala is used as a japa mala as crystals balance all the energy chakras while chanting mantras during meditation. Spatika beads are also know to protect and heal negative influences and amplifies



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the energy. Spatika mala is the best mala for counting beads while chanting goddess mantras.

How do I choose a crystal: You do not need to know the exact properties of every stone in order to buy one, although this may help. It is more important to be receptive and allow yourself to be drawn to a stone that will have meaning for you. If you are in a shop simply stand in front of a group of crystals, close your eyes and relax, and when you open them choose the one you feel most drawn to. For example, you may feel drawn to a rose quartz crystal because you need something in your life that can help you develop a love of yourself.

time you do this. Over time you may acquire a number of crystals - just take hold of the one you feel drawn to.

The right crystal can affect the energy of an environment, and the energy it holds can influence you whether you simply hold it in your hand or place it by your bed or on the mantel piece. Crystal healers use their knowledge of the stones and of the patient in the healing process. There are various methods of healing with crystals, such as placing crystals on and around a person while they are lying down, or using a wand or point to focus love, energy and intent on the other person in a way that relates specifically to their ailment and needs.



If you're looking to heal some aspect of your mind, body or spirit, there are essentially 3 primary ways healing crystals can transform your energy and resolve imbalance:

Clearing – Crystals have the ability to absorb and remove certain types of energy from your body. Like a magnet can pick up little pieces of metal shavings, a healing crystal can absorb negative energy from your body.

Energizing – Healing crystals and stones can also push energy into your body, mind or

Healing with crystals: Different crystals have different energies and properties, and between them can affect mental, physical, spiritual and emotional aspects of ourselves. Simply holding the right crystal at the right time can bring about a change in our attitude and well-being. You don't necessarily need to look up the meaning each

spirit through inducing resonant frequencies. This is similar to the way electricity works by conducting and transferring energy into an object. A crystal can harness energy from the quantum field and send it into your own energy field. Don't worry, unlike electricity, this crystal healing energy is painless and not dangerous.



Balancing – Our world is very symmetrical. Look at the leaves on trees or even your body. The energy of our planet aligns things in a mirrored pattern. Sometimes, your energy may be misaligned and out of balance, and healing crystals can use the properties mentioned above, which are essentially attracting and repelling, to balance out areas of energetic disharmony.

As with many objects used for divination and healing, a crystal can only do harm in the wrong hands. A crystal healer only uses a crystal as a tool. A great crystal does not make a great crystal healer, just as a great paintbrush does not make a great painter. You do need to take some care if you are looking for a crystal healer.

If you cannot get a recommendation from a previous client, speak to the healer before accepting treatment. If you don't feel you would trust them in some everyday matter, neither should you trust them with your well-being. You should try to buy crystals from a reputable supplier and, after receiving them, it is wise to cleanse them of any negative energy that they may previously have absorbed. Use your intuition and you cannot go far wrong. If one day you feel a crystal no longer belongs in your home, it may be time to give it away.



As you change you may find that you want different crystals around you, although many will stay with you

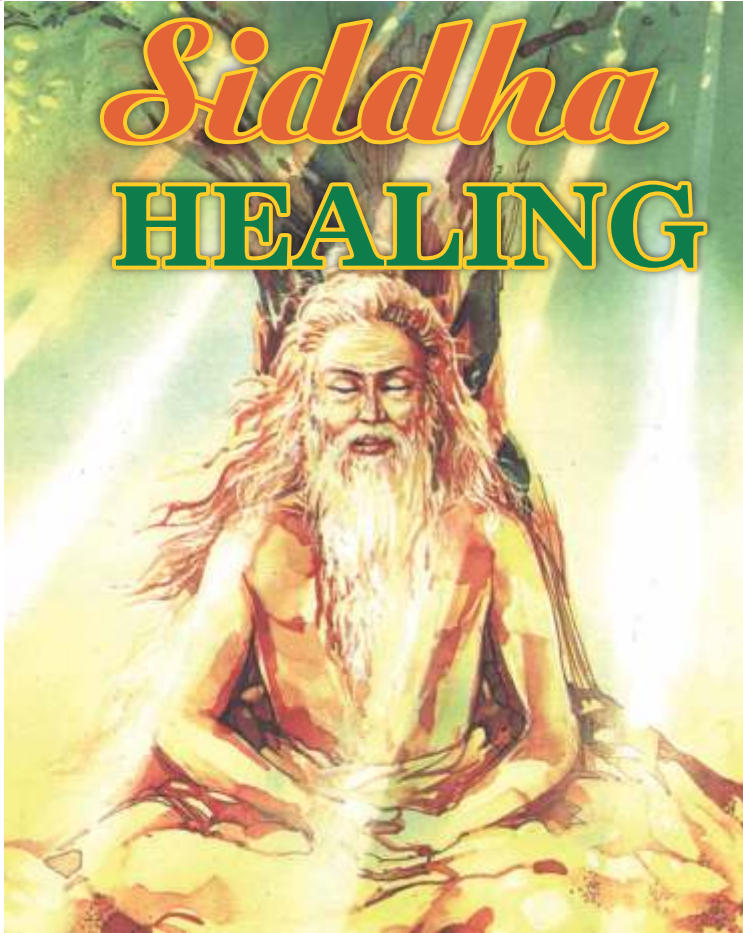
happily for a long time. Crystals can remember negative as well as positive energies and so will sometimes need to be cleansed. For instance, an amethyst will actually help to cleanse a room of negative energies (eg. anger) but this means that the amethyst, which will retain an element of that negative energy, will itself occasionally require cleansing.



There are various ways of cleansing crystals. One of the most common is to submerge them in salt water (sea water is excellent) for a couple of days, then run them under the tap to clean off the salt. Other methods include burying crystals in the garden for a few days, leaving them for a while in a stream (pick a slow-running one, or they may no longer be there when you come back for them!) or leaving them outside overnight in normal water to bask in the moonlight.

Cleaning the crystal by showing near fire or by using agarbattis or Incense sticks. Cleanse the crystals with affirmations, Mantras or by using yantras to remove previous psychic imprints of the crystals.

- ❖ r **Many other uses of crystals are**
- ❖ r Chakra cleansing and energise.
- ❖ r Energising the water.
- ❖ r Cleanse and energise the place.
- ❖ r Remove the geopathic stress.
- ❖ r Remove toxins from medicine.
- ❖ r Energise to attract wealth.
- ❖ r Vastu correction without alteration.
- ❖ r For improving meditation.
- ❖ r Materialisation of our Goals
- ❖ r Healing Diseases etc.



Siddha refers to a person who has achieved a high degree of physical as well as spiritual perfection. Siddhas had the knowledge of most powerful healing methods. In which energies come from Higher Dimensions and Lokas which makes it more powerful that the healing energies available on the Earth. By invoking the Siddha Shakthi, energy is passed to heal Physical, Emotional, Mental and Spiritual level, used to solving Health, Material, Relationship issues...

The Siddha Method of Healing

The fundamental theory of Siddha healing is that the human body is a microcosm of the universe. Just as the five elements of earth, water, fire, air, and ether exist in the external environment; their comparable elements exist within a living human body. The four humors of earth, air, water, and fire are of prime

importance in Siddha healing. A healthy body and mind are characterized by the presence of an equilibrium between all five elements and four humors. A strong and healthy pulse indicates the right balance of all these components. Due to various external and internal reasons, the inherent harmony within the body may be disturbed. This imbalance is believed to be the root cause of any disease or discomfort in the body. The treatment process is centered on the restoration of equilibrium between the elements and humors of the body. The restoration is carried out with the help of diet, lifestyle, yoga and meditation.

Siddha Healing for emotional release, heals damaged emotions and thought patterns that interfere with your happiness and well-being. The negative emotions we experience as emotional distress in all sorts of ways, as sadness, anxiety, addictions, unproductive obsessions, unwanted compulsions, repetitive self-sabotaging behaviors, physical ailments, boredom, and as all sorts of angry, bleak, and agitated moods depends upon the quantity and quality of adrenaline produced by endocrine gland. This will produce according to the situations experienced by the being.

Siddha Healing also corresponds to emotions. When we identify with emotions such as anger, hatred, jealousy, guilt, paranoia, and self-loathing, we actually lower our vibration. On the other hand, when we stop identifying with these emotions and instead see them simply as energy fluctuating within us, we begin to experience "high vibration" states such as love, peace, gratitude, creativity, and self-fulfillment. At a certain frequency, the two endocrine glands of endocrine system the pineal gland & pituitary gland will produce hormones which in turn creates good or bad feelings. In our healing method we make the being of the person to

vibrate to certain frequency which in turn, vibrates the pituitary gland. The pituitary gland is a small pea-sized gland that plays a major role in regulating vital body functions and general wellbeing. It is referred to as the body's 'Master Gland' because it controls the activity of most other hormone-secreting glands. Melatonin and adrenaline stimulating hormone, ASH. This adrenaline hormone in turn stimulate the hormone which make the being happy in two ways.

Stimulating pineal gland to produce Melatonin, Adrenaline stimulating hormone, ASH to produce good feeling, this can be done by way of Mandala Healing, Bach flower remedies, Meditation, Pranayama and Visualizing the happiest moments of our life.

Practices for Emotional Release

When you find yourself flooded with a negative emotion, the following practices can help you find your way back to your core of balance, peace, and wellbeing.

Mandala Healing: It's a way of Siddha Healing Method to make the person lay down in a Mandala of rudraksha beads surrounding all sides and invoking the power of Siddhas and Masters to heal.

Bach flower remedies: The original Bach Flower Remedies is a safe and natural method of healing discovered by Dr. Bach in England. They gently restore the balance between mind and body by casting out negative emotions such as fear, worry, hatred and indecision which interfere with the equilibrium of the being as a whole. The Bach Flower Remedies allow peace and happiness to return to the sufferer so that the body is free to heal itself.

Pranayama: The formal practice of controlling the breath, which is the source of our prana, or vital life force. When our emotions can control the breathing rhythm. For example, when we are very angry or agitated, our breathing is very uneven, fast and shallow. When we are very sad, we breathe uneven, sobbing breaths. When we are calm or engrossed in some pleasant activity, like listening to some soulful music, our breathing is very gentle, even and soft.

Visualizing: Your mood can be elevated by visualizing or recapping the happiest moment in your life, changing from sadness to Happiness.

Meditate: Meditation is one of the best way to loosen the grip of sticky emotions and connect to our true self. In meditation we disrupt the unconscious progression of thoughts and emotions by focusing on a new object of attention. For example, in the practice of Sulabha Dhyanam is a form of Meditation where one can observe his thoughts can know his own pattern and make use of it according to the requirement and experience the spaciousness and calm within. In the silence of awareness, the mind lets go of old patterns of thinking or feeling and learns to heal itself.

Siddha healing is very different from physical healing. When I work with cancer patients, It reminds me of this fact many times. The tumor goes away, and the body heals, but the mind lingered, sometimes for years, experiences losing hair, a body part, or trust in your body. Siddha Healing becomes a wonderful way to release pent up feelings so you can heal emotionally & Live Happily

Aathmeswar Sathiyaji

VIBRONICS

Vibronics is safe , effective, with no side effects and is given to all patient at free of cost.

Vibronics recognizes that each person is a unique combination of energies consisting of various subtle components.

It cures in a holistic way because it acts on all bodies- physical, emotional, mental and spiritual through a process of balancing the energies and clearing the blockages.

Through vibronics the healthy, healing vibrations are given to the patients by the practitioner who put the appropriate vibrations into small homeopathic sugar pills for the patient to take on a regular basis.

Vibronics successfully treats diseases like
Lifestyle and metabolic disorders
Recurrent upper respiratory tract infection
Migraine, Skin diseases
Immunity related diseases/disorders including
HIV/AIDS.
Kidney, Liver, Heart and Digestive Problems.
all Mental Conditions



Crystal Homam

Every Desire whether it is Wish fulfilling / Problem solving / Disease removing / Relationship upliftment can be balanced through precious stones, Mantras & Bhava.

In the Sathiya Yogam Crystal Homam according to the above subject we select the types of Crystal, Mantras & Bhavas. (The duration and number of times vary according to wish) we request the almighty to fulfill that desire.

We use more than 58 types of precious stones in large quantity according to the desire.



SEVA (Service)

SHIVA SHAKTHI ABHISHEKAM



ARE YOU FACING ANY HURDLE / STRUGGLE IN LIFE?

You can get solutions from Aathmeswar Sathiyaji to any of your problems in life... be it about health, wealth, relationships, or anything else.

Post your problem here and choose 2 solution categories of your preference.

JEEVANOTHAR ANSWERS FOR LIFE

1 SWITCH WORDS DS 4 BATCH FLOWER REMEDY

2 MANTRA 5 CRYSTAL WITH AFFIRMATION

3 YANTRA 6 PRECIOUS STONE WITH AFFIRMATION

7 RITUALS

SOLUTIONS FROM ANY 2 CATEGORIES YOU CHOOSE FROM

www.facebook.com / [sathiyayogam](https://www.sathiyayogam.com) / groups





SHIKSHA

Training & Information Sessions

Sathiya Yogam has conducted many Spiritual Enlightenment programs as Shiva Yoga Sadhana, SriVidhya Upasana & Dasamaha Vidya, Navagraha Kriya Dhyanam, Kundalini Yogam, Sambhavi Shakthi, Siddha Shakthi, Rathna Mandala Chikitsha, Anthar Shakthi, Mandala Healing etc and Personal development programs as Life is a Celebrations, Heartful & Mindful living, Live Your Dreams etc., and Spiritual Retreats. Programs called as Aathmadharsan

SHIKSHA (Training)

SHIVA YOGA SADHANA

SPIRITUAL RETREAT

Dance with Shiva / Live with Shiva / Merge with Shiva

4 Days Spiritual Retreat & Shiva Yoga Sadhana at Thiruvannamalai.

Program Overview:

Liberate through enlightenment by connecting Self with Lord Shiva



☆ Through Shiva Sutras Vignana Bhairava Tantras.

☆ Activate Shiva thatva in your innerbeing through Pasupatha Tantras of Rudra, Navakari Mantra of Thirumoolar.

☆ The knowledge about the Supreme Pranayama Amrutha Vidhiya will be shared.

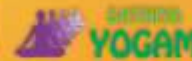
☆ Learn clear perfect 7 steps for liberation.

Temple Retreat

☆ Visiting 8 temples around the Thiruvannamalai to activate 8 secret powers within us. Meditation Retreat Visiting caves for meditation.

4 Days Residential workshop at Thiruvannamalai
For Further Information Visit: www.sathyayogam.com
(Travel, Stay & food arranged)

HEAD OFFICE: SATHIYA YOGAM
Plot No. 1270, 77th Street, 12th Sector, West K.K. Nagar,
Chennai - 600 078. Phone: 044-24898069, 42667268



For Information & Registration
Contact: 7904420161

Self-Realisation through Samayachara Marga

SRIVIDYA UPASANA & DASAMAHA VIDYA

To lead Blissful, Prosperous & Successful Life.

A PROGRAM FOR EVERY ONE WHO WANTS TO BE ENLIGHTENED.

- ★ Awaken your Psychic abilities by Dwadasa Chakras Meditation.
- ★ Colors to Invoke Physical, Spiritual & Emotional Qualities.
- ★ Draw and feel divine LOVE within you thru BALA UPASANA.
- ★ Attract Wealth, Fame, Respect, Power and Prosperity thru PANCHADASI.
- ★ Cultivate Inner Silence and Blissful by Meditating MAHA SHODASI.
- ★ Super charge your energy levels by DASA MAHA VIDYA.
- ★ Healthy body with constant Rejuvenation by SRIVIDYA HAVAN.
- ★ Learn to invoke 108 Goddesses through Navavarana Meditation
- ★ Learn more about
 - a. Thidhi Nitya devatha meditation.
 - b. Aksharaatruka Meditation.

**FREE: MAHAMERU with Shri Yantra,
4 CD's and Course Materials.**



Program by
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(Dr. T. Sathya Narayana Murthy)
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www.srividyaupasana.in

SRIVIDYA UPASANA - Consistent Practise leads to Divine Life

SHIKSHA (Training)

1 Day Workshop
To strengthen
Your Physical,
Mental and
Emotional Being

Self-Management for Greater Success **HEARTFUL & MINDFUL LIVING**

To lead a Healthy, Prosperous & Peaceful Life

"A Program for Every One
Who Wants To Be Successful"

Program Content & Benefits:

Theta Mindpower technique for achieving your Dreams
Sukshma Vyayamas for Physical Growth
Deconcentration meditation for Emotional Growth
Breathing Techniques (Pranayama) for Mental Growth
Art of Blessing technique to Bless & receive blessing
Art of Healing using medium for Better Health
Strengthen the Psychic Centres for overall growth
Yogic Breathing for over all wellness
Right Brain Activation for Materialisation
Had conducted workshops in India, Singapore,
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"May All Be Blessed With Good Health, Prosperity
Abundance, Money, Concentration, Joy and Love"



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MANTRA * YANTHRA * THANTRA SADHANA

NAVAGRAHA KRIYA DHYANAM

Alter Your Inner Being To Receive The Graces

PROGRAM FOR OVERALL WELLNESS.

NAVAGRAHA KRIYA & AVAHANA DHYANAM

Includes Mantra, Yantra, Tantra Sadhana to energise & receive
grace of particular planet on a particular day for your Health,
all kinds of Relationships, Success, Prosperity.

❖ Learn Mantra by invoking Yantra thru

Thantra

- ❖ Do All 9 Planetary meditations
- ❖ Align the Frequencies of Navagrahas
- ❖ Attain the Blessings from the Supreme
- ❖ Receive Graces from all 9 Planets
- ❖ Navagraha by Avahana Dhyanam
- ❖ Learn Mantras for all 9 Planets

FREE : Planetary Meditation CD, Yantra for Navagrahas

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SHIKSHA (Training)

2 Days Program
to attain Prosperity
and Abundance
with Vedic and
Modern Thantras.

SELF-MASTERY FOR AN ABUNDANT LIFE

MONEY THANTRA

LEARN 100 THANTRAS TO ATTRACT WEALTH

"A Program To Lead A Prosperous Life"

- * Discover Your Blueprint & Reframe your Personality
- * Understand Laws of Success for Successful life
- * Raise your Consciousness to attain Prosperity
- * Create Awareness to attract Universal Abundance
- * Reprogram your Mind-Set & Focus of thinking pattern
- * Learn Proven Strategies to attain Financial Freedom
- * Develop Psychocybernetic skills to achieve Goals
- * Know your Life Mission and attract Fortune
- * Manifest Yourself to have unlimited flow of Riches
- * Empower your Deservability to Desire Creation of wealth
- * Energise Yourself & Space to accumulate assets
- * Know Vedic Secrets for Self & Business Growth
- * Protect Yourself thru Hypno Peripheral Processing
- * Change Yourself from Deficiency to Infinite Mind-Set
- * Get rid of Negative thoughts towards Money

FREE: 100 Days Journal Wealth Program
with 2 Follow-up Sessions

CONDUCTING PROGRAMS IN SINGAPORE,
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Abundant Life Needs Eminent Strategies, Wide awareness & Higher Consciousness.

DREAM * BELIEVE * ACHIEVE
It's never too late to go, Where you want to go.

1 Day Program to know the
SECRETS TO TRANSFORM YOURSELF
LIVE YOUR DREAM LIFE
With HAPPINESS, HEALTH & WEALTH

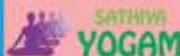


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- * Enhance Happiness quotient * Understand your Emotional Being * Reinforce Relationships
- * Lifestyle Modification * Vedic Secrets for Health * Handling current ailments * Future protect
- * Raise money Consciousness for Future * Manage your current situation * Manifestation for Fortune.



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- * Explanation about Chakras Indepth * Details about Karma * Karma Buster (Karma salvation)
- * Real meaning of Kundalini Yogam * 4 Step by step Techniques to raise Kundalini (conscious).
- * Benefits of Kundalini Yogam. * Know about Pseudo Kundalini



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A RESIDENTIAL
WORKSHOP TO
STRENGTHEN YOUR
SELF, INTELLECT &
EMOTIONAL BEING

Self-Mastery for Greater Success LIFE IS A CELEBRATION

To lead a Happy, Blissful & Peaceful Life

"A Program for Every One
Who Wants To Lead a Cheerful life"

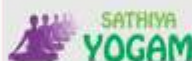
- * How life is to be Celebrated ?
- * Learn how to lead simple and blissful life.
- * Empower yourself to Achieve your Goals.
- * How fortunate YOU are & why ?
- * Master your Emotions - Master your Life.
- * Use Emotions to obtain results, get what you want in your life.
- * Remove negative imprints & develop positive imprints (Past life regression).
- * Remove the Word Stress, Anger, Anxiety from your life.
- * Reinforce Relationships, leadership, team building through activities.
- * Experience the true values of life through fun and play.
- * Smile meditation (Anandha dyanam).

* May All Be Blessed With Healthy Prosperity
Abundance, Money, Concentration, Joy and Love "



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Strong Positive Blissful Mind is the Key for Successful Life

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SECRETS TO TRANSFORM YOURSELF
SUDDHA SIDDHI SHAKTHI
(PSYCHIC SELF DEFENSE)



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* Learn the Techniques to Protect Yourself from Psychic attacks * Protect yourself from Negative energies
* Learn the techniques to remove all the already existing negative energies * Learn to use Yantra against
Black magic * Learn to invoke Great Masters to align to higher Self * Learn to use Precious Materials
against Psychic attacks and energise yourself * Learn to Energize your workspace / office space



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SAMBHAVI SAKTHI

(PSYCHIC SELF-DEFENSE)

- Learn the ancient technique to remove negativity from yourself, house and working space.
- Learn how to use Yantra for removing psychic attacks and negativity.
- Protect yourself, house and work space from black magic, witchcraft using sacred and precious materials.
- Learn how to use psychic protection symbols.
- Strengthen yourself against psychic attacks through powerful meditation.
- Wear iron shirt to safe guard yourself.
- Meditation to smash out negative, deceased psychic attacks from chakras, all five bodies and energise it.
- Tips for psychic protection and self defense.
Protection shield. Psychic protection number.



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Conducting workshops in

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Malaysia, Sri Lanka,
Mauritius Periodically



Free:

1. Yantras
2. Meditation CD
3. Study Materials

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SHIKSHA (Training)

Ratna Mandala Shiksha

ANCIENT LEMURIA TEMPLE HEALING TECHNIQUES

Learn the Ancient Healing

- ✦ Seven Sacred flames Meditation
- ✦ Lemuria Sumangal Vastu for Home and Office
- ✦ Manifest Your the Goals using Lemuria Power Grid using Yantras
- ✦ Healing using Vajra Technique
- ✦ Healing by Lemuria Symbols
- ✦ Lemuria Ancient Technique for Programing Crystals
- ✦ Energise Water & Oils for Healing using Crystals
- ✦ Create and have your own Wealth Vase
- ✦ Use different bath Crystal stones for Health & Abundance
- ✦ Uses of 20 Precious Stones and the method of application for material and spiritual purpose
- ✦ To set Lemuria crystal healing Bed
- ✦ To set Lemuria crystal healing Asana



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2. Wealth Vase
3. 12 Activated Yantras
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6. Crystal Stones for Bath

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1 Day Workshop

To Learn Ancient
Siddha Healing Methods

SIDDHA SHAKTHI

Siddha Energy Powerful Healing Methods of the Universe

A PROGRAM

For Learning Self-Healing and Healing others

- ✦ How to invoke Siddha Shakthi
- ✦ How to Heal yourself using Siddha Shakthi
- ✦ How to Heal Others using Siddha Shakthi
- ✦ Cleanse your Home & office from Negative Energies
- ✦ Learn how to Protect Your Self, House and Office
- ✦ Womb Meditation for Erasing imbedded negative Pattern of Being
- ✦ How to Trap & grasp Siddha Shakthi energies using Yantra & Mantra
- ✦ How to increase Positive Energies in our Home, Office & Work Space
- ✦ Cleanse 7 Janmas for making your life Happier
- ✦ Learn to protect using Ratnagar Sutra along with Yantra.



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2. CD's / 3. Yantras

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Heartful & Mindful Living KRIYA SHAKTHI

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"ONE DAY PROGRAM FOR EVERY ONE WHO WANTS TO BE SUCCESSFUL"

Program Content & Benefits:

- Theta Mindpower technique for achieving your Dreams
- Sukshma Vyayamas for Physical Growth
- Deconcentration meditation for Emotional Growth
- Breathing Techniques (Pranayama) for Mental Growth
- Art of Blessing technique to Bless & receive blessing
- Art of Healing using medium for Better Health
- Strengthen the Psychic Centres for overall growth
- Yogic Breathing for over all wellness
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ANTHAR SHAKTHI (Explore the Inner Power)

1. Detailed explanation about Chakras and Chakra Meditation with Beeja Aksharas
2. Chakra Meditation with Divine beings Mantras.
3. Healing the chakras with Divine Sanjeevini Shakthi.
4. Learn how to use the greatest technique: **Pillar of light**
 - A. To protect your house, Office, being, relationship, vehicle.
 - B. To improve concentration.
 - C. To score high marks in examination
 - D. To attract good job.
 - E. To remove negativities.
5. Learn revolutionary technique in healing : **PSYCHIC SURGERY.**
6. Pendulum (a. How to dowze.) (b. Through dowzing connect to innerself.)
(c. To arrive at right answers for your questions from your innerself.)

FREE : A. Guiding Meditation CDs.
B. Course Materials. C. Pendulum
D. 7 types of Salts to remove negativity
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AATHMADARSHAN AT RISHIKESH

9 Days SPIRITUAL RETREAT

1. PAVITRA GANGA SNANAM, Dip in Holy Ganges using Vedic, Ancient Traditional way. For cleansing seven previous birth (seven janmas) karma and for Spiritual Growth.
2. 7 plane system (7 Levels) knowing about Colour, Code, Mantra chanting of that plane and experiences. Cleansing of unnecessary energies from that plane to Remove Hurdles in Spiritual Growth and improve the standard of living in existing World.
3. DREAM TRAVEL explanation and experiences to cleanse Karmic Baggage.
4. SOUL TRAVEL Explanation and experience the higher plane.
5. SARPA YOGA for removing toxins in Physical Body.
6. LIFE PURPOSE : To know the purpose of life in this Mother Earth.
7. KALYAN KRIYA This is of highest order for all, for solving, many sufferings, Pains, Difficulties, Repetition of such Hurdles, Marriage and problems of Conjugal Life. No issues, Addiction, Business, Education and etc.
8. PAPA KSHALAN KRIYA Knowingly or unknowingly we continue to committ many Sinful acts, How to get rid of them? How to make successful Life Journey?
9. AATHMODDHAR SADHANA will start to begin, after successful completion of all the above mentioned Kriyas. FOR ATMA (CONSCIOUSNESS) UPLIFTING.

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2 Days
Program to
Learn Ancient
Healing Method

Learn to heal through **MANDALA HEALING** Ancient Sacred Geometry Pattern.

Mandala Healing (Merkaba Mysticism)

Program for improving Health, Wealth and Achieve Goals.
(Cleansing Karma & Blueprint, erasing the unnecessary Akashik records)

Program Content & Benefits:

- ❖ Learn Sacred Geometrical symbols for food, bathing, water and meditation.
- ❖ Mandala Healing using Rudrakshas, Crystals, Geometrical patterns etc.
- ❖ Learn the significance of Golden numbers and its implementation for your better health.
- ❖ Learn Geometrical pattern for manifestation, protection of house/office, health and wealth.
- ❖ Learn the secrets involved on Geometric patterns to raise the individual to 5th dimension.
- ❖ Learn Healing through Mandala using Wand.
- ❖ Learn to prepare miniature mandala for healing, energizing, activating individual / house / event / relationship / work space / goal.



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CHIKITSALAYAM

Treatment

Sathiya Yogam provides various types of treatments to its followers and general public. Few of the different types of treatments done are Brain Tap, Brain Light, Bio-Zap, Plasma, Colloidal Silver, Aqua Tone, Dena, Acu-Dense, Acu-Nidhan, Monicor, Conch Therapy, Siddha Therapy, Colour Therapy - Laser, Foot Detox, Lower Level Laser etc. Few of the Traditional Methodology ways are Brahma Padha Chikitsa, Abhaya Hasta Chikitsa, Ayur-Varma, Kabala Chikitsa, Auricle Therapy & Navel Therapy

CHIKITSALAYAM (Treatment)

Every person is born with all required energies for his life time and Everyone is born with all required frequencies and information for his life time.

Any disease / problems arises for a person when there is any deviation from the imbedded information / insufficiency in receiving energy from inner source of the person due to alteration of frequency vibration in the being.

In the flow of life, every person accumulates unnecessary energies & toxins through food, habits, circumstances & life style.

Sathiya yogam treats a person at first initially using the following

1. Detox by a way of traditional, emotional & scientific ways.
2. Sathiya Yogam tests & treats by sending/using appropriate required frequency to the person / being through quantum consciousness by using devices like Monicor & Quantum Analyser.
3. We also treat through quantum consciousness by way of giving information to the particular system to act normally.
 - u Brain Tap
 - u Brain Light
4. By giving required frequency
 - u Bio Zap
 - u Plasma

5. Balancing the fluids in the system
 - u Aqua Tone

6. Reducing the acute pain
 - u Dena

Invoking the energies required through by way of stimulating the points.

- u Ayurveda
- u Bramhapada Chikitsa
- u Hand Neurotherapy
- u Face Neurotherapy
- u Skull Therapy / Kabala Chikitsa
- u Auricular Therapy
- u Nail Therapy
- u Cup Therapy

For any problem / disease / requirement / wish fulfilling required energy can be traced by way of

- u Planetary Chart
- u Human Design (Western Method of planetary Chart)
- u Aura Scanner
- u Aura Analyser (54 Categories)
- u Cosmic Scanner

It is treated by a way of Mandala, Crystal Homam and ritual remedies (if possible) and also by inducing required planetary energy by a way of

- u Planetary Crystal Ball
- u Energy Embedded Gem Stores

Regular prayers will be conducted in Amavasya, Poornima and wish fulfilling Holidays.

BRAIN LIGHT

Optogenetics uses light to activate proteins on the surface of neurons in the brain.

It contains 3 steps.

1. Activates Pineal and Pituitary gland by giving information.
2. It activates whole brain including Brain stem, Medulla Oblongata, followed with spine.
3. Activates Thoracic region by activating Solar Plexus by the way of giving information.

BY USING THIS DEVICE THE INDIVIDUAL CAN RECOVER AND PROTECT FROM ALL LIFE CHALLENGES.



BRAIN TAP

Brain tapping turns your brain waves into a symphony and synchronize Right and Left Brain and activates middle brain.

This system uses sound and light synchronizing methods.

Brain tapping is a quick and easy way to relax, reboot, and revitalize.

Brain tapping guides your mind from an awake, reactionary mind into a intuitive, creative state then to a place where super learning and healing can occur.



CONCH THERAPY

In nature there are 8 categories of Conch.
Each has a specific unique nature.

In Siddha traditional Vaidhyam by using
different sorts of herbs which are placed
in different types of Conch cures all
diseases including terminating diseases.



FOOT DETOX

By using the frequency and activated
carbon it removes all the toxins from
the body through foot.

OXYGEN TREATMENT

By using this equipment it increases the quantity of Oxygen intake and also absorption of Oxygen by the body.

We also use energy impregnated scalar crystal ball to facilitate above process.



BIO ZAP



Biozap is Most Advance Bio-Resonance & Frequency Balancing tool for Re-Balancing human energy field and Natural Bio-Frequency of human body for Optimum Health and Disease free life.

Biozap is the Therapy for The Future Today

A universal method to restore health, prevent disease and slow down the aging process. Acting in a natural way by supporting the regenerative capacity of the body and therefore helps the body to release its own healing potential.

WAND THERAPHY

With this healing can be done through Siddha marg.



PLASMA LIGHT THERAPY

Works In Combination with Biozap. Plasma Light Therapy Device Developed based on the researches of a genial scientist and Microbiologist Dr. Royal Raymond Rife.

This unique method of contact less transmission of frequencies was developed by R. R. Rife already in the 30's of the 20th century and was rediscovered a few years ago. It transmits very precise frequencies to devitalize pathogenic micro organisms the real cause of most physical and mental problems.

The Plasma bulb generates electric field strong enough to hit even a large parasites!



ACU-DENAS

DENAS is acronym for Dynamic Electro Neuro Adaptive Stimulator.

The main principle of action: The device recover lost connections between central nervous system and internal organs, launching process of self-recovery in the human body.

DENAS-Therapy has become accepted as a new form of treatment in prevention, therapy and rehabilitation worldwide.

COLLOIDAL SILVER THERAPY

Colloidal silver is a popular alternative therapy. Colloidal silver is the term used to describe tiny particles of silver suspended in a liquid. Given their small size, a normal filtering process would not remove them.

Its advocates claim that it's an effective treatment for all sorts of infections and diseases, ranging from the common cold to cancer. Silver had been used in medicine for centuries, treated as a cure for everything from Tuberculosis, Arthritis to Herpes and Cancer.

Even today, many alternative practitioners believe that colloidal silver offers health benefits by "boosting" immune function and preventing or treating infections, both common and severe.



AQUA TONE

Resonance therapy are based on the power of resonance waves, by using electromagnetic waves at ultra-low power, creating vibrations which unite water molecules of various sizes and synchronize configurations of dynamic water clusters.

Despite the low levels of resonance waves (the power is over 10 million times lower than UHF devices and traditional resonance therapy), these electromagnetic resonance waves have a strong biological effect. Studies have shown that these waves can bring order to the water structure, which improves the metabolic processes in the body.



MONICOR FREQUENCY THERAPY

Scientists from different countries began the first measurements of electromagnetic waves frequency spectra in bodily organs, body parts and in animals and micro organism. But a systematic organization of these data became possible first when computers were having larger memories. And, now, it is possible to measure frequencies, perform effective health checks of the body, discover micro organisms and perform relevant therapies.

A new system for health checks and treatments, Monicor, presents completely new opportunities for human health. During a few minutes of scanning, you will see the complete functional status of the entire body and all its organs and the body's stress levels.

We know that the human body is not only a physical being but also an energetic and information structure.

Each organ and body part has its vibrations which reflects the biochemical parameters of organs. If problems arise in an organ or body part, the vibrations there will change, and via those changes we are able to control the physical condition of the body. That is how Monicor works. Monicor reads frequencies from the entire body, all organs and body parts analyses these by comparing with normal values and thereafter shows the health condition.



ACU SENSE

Introducing you World first and only device which can Help you to see Acupuncture points live on Human body which required Balancing and Healing and to Re-Balance them with Needle Free Acupuncture using High Frequency Low resistance formula.

Acu Sense is your Personal Doctor Which Helps to

- E Relieve Acute and Chronic Pain Quickly
- E Needle free Ear Acupuncture / Sujok Point Therapy/Sacral Point therapy..
- E Needle Free Acupuncture.
- E Air-Ionic Therapy for Cosmetic Purpose
- E Restore Internal Bodily Functions
- E Reduce Disability
- E Accelerate Recovery (it works synergetically with other treatments to accelerate healing)
- E Create Prolonged and Striking Results



ACMOS

ACMOS is used for cleansing and energization of Chakras.
It used for Chakra alignment.

ACMOS helps in merging of Chakras with light.
It also increase the frequency of Chakras.



SIDDHA HEALING



Healing can be done by using Siddha Methods and
Siddha Equipments with Siddha Mantras.



CHIKITSA

Products

Sathiya Yogam provides various Chikitsa products like Spatika Chikitsa (56 types), Adbuth 8 Mat, Poorna Nidhra, Pruthvi Kavach Pads, Sakthi Sarvatra, Dhyana Peet, Shakthi Dwar, Aaishwaryam Pad, Smruthi Nischay Mat, I Am Fine (depression mat), Anugraha Spatika Mala (Crystal Mala Energizer), Vishesha Rudraksha Mala (Energized Rudraksha Mala), Energized Door Pyramid, Meditation Cloth Mat and Anti-Radiation products.

There are four essential components in one's life that determine whether a person leads a comprehensively happy life or not. They are health, wealth, happiness and spirituality.

Be happy that there are solutions to our problems and one can have access to them and be benefited by practicing them with absolute faith and dedication.

Here again we found that many people deny themselves the solutions for their own sufferings because they are negative and sceptical about everything.

Many suffering people wait for a scientific proof of the efficacy of the solutions prescribed by our time scriptures while a majority of the believers quietly and happily enjoy the fruits of the solutions by their dedication and faithful practice of these prescriptions.

People should understand the Vedic prescriptions and the acts of panchabhuthas are beyond science as their energies and actions fall under fourth dimension whereas science stops with third dimension. Therefore it is for science which is still in the third dimension to catch up with fourth dimension which represents immeasurable and unseen energies. Beware that your wait will be endless and you will continue to suffer.

If you wait for scientific proof for the Vedic prescriptions and the acts of panchabhuthas as science will never be able to catch up with the fourth dimension of these priceless legacy which we have inherited.

There are solutions for all human sufferings as mentioned in our vedas, Upanishads etc., we categorized under 5 categories.

1. Geopathic
2. Cosmic

3. Karmic

4. Chakra

5. Planetary Empowerment system and also protects us from 6th category called radiation.

It is always necessary to create a comprehensive solutions to all the problems, analysed from all possible angles.

GEOPATHIC

Geopathic stress is a negative energy emanating from earth.

When one is exposed to high intensity Geopathic stress continuously in a house it results in compromise of immune system of the person leading to health imbalances like stress, depression, aggression, insomnia, erratic temperaments, infertility, abortions, miscarriage, not responding to medications, heart problems, illness, cancer etc.,

We have created a wide range of instruments and remedial gadgets to identify and protect from geopathic stress.

1. Geopathic pads /mats

These are placed below the bed. Thus you will be protected from hazards of geopathic stress.

2. GEOPATHIC RODS

These rods are filled with 27 types of minerals and exposed to the vibrations of earth frequency through highly advanced quantum energy equipments.

The dimension and number of geopathic rods depends upon the area and intensity of stress in that particular place.

3. GRUHA SURAKSHA

Gruhasuraksha are 9 boxes balancing the geopathic stress, unwanted energy in that land.

COSMIC ENERGIES

Energy above the earth are cosmic energies.
Cosmic energies decide the wealth and happenings.

It is always imperative to check the overall energies of the house, after the house is constructed. Do all the remedial corrections and ensure that remedial energies are more than adequate to make the house energy to 90% plus energy levels.

One should remember that it is the presence of good energy in good quantum only attracts good happenings into the house.

We have created gadgets to ensure cosmic energy instantly.

1. NAVARATNA ORGONATE

This is a particular shaped material / thing prepared by using Navaratna stones, precious stones, crystals, yantras, sacred materials in a particular method by creating a vacuum in it which will attract a desired frequencies, energies to that place where we placed them. By placing this cosmic energizing device originate we can attract abundance cosmic energy to fulfill the desire.

This can also be placed in the entrance of house to attract fortune abundant energy to the house / office / working space.

2. SOUTH WEST BOX

This is placed in south-west corner along with Aishwaryam pads. South west box contains earth symbols, Meru with Sriyantras, Energized Crystals, Energized Precious Btones, Rudrakshas etc.,

3. SHAKTHI SARVATRA PADS

4. MAIN DOOR ENERGISER PYRAMID

KARMIC BALANCE

Karma decides the happiness of a person.
Each person is born in this world with an opening karmic balance which may be positive or negative.

This is nothing but the closing karmic balance of his previous janma.

Net karmic balance is calculated by adding closing karmic balance and current karmic balance (karmic balance accumulated by his good and bad acts in this janma from the date of his birth till date). This may be positive or negative.

Net karmic balance = Closing Karma balance + Current Karmic balance. Karmic balance determines the happiness levels and age.

We offer easy remedies to earn quick good karmic points through remedies prescribed in vedas and by Buddha.

We are happy to say that many people return to happy state of mind fairly quickly as they are Positive, Willing and dedicated to correct themselves karmically. After all, they know that money alone cannot buy everything.

CHAKRA FUNCTIONING

Chakras are the energy centres of the body unless one keeps the chakra functioning at optimal levels, one cannot shine as a full fledged person as the thought process, speech, action, follow-ups etc., are all linked to various chakras. Therefore it is of paramount importance to ensure that we keep our chakra functioning at optimal efficiency levels.

We created or introduce many products for proper chakra functioning

1. Prana Vrudhi Pad

2. Dhyanapect

- 3. Smruthi Nischay Mat
- 4. Poorna Nidra Mat
- 5. Adbuth 8-Shaped Mat

PLANETARY EMPOWERMENT

Astrology is a great science and we have great astrologers providing Yeoman Service to the humanity by their expert astrological guidance. The cause for the sufferings are fairly accurately identified. When it comes to solutions the success proportion is very low. The causes are totally rectified by using our planetary empowerment devices.

1. Planetary crystal ball

Every person needs frequency of particular planets. By simply wearing particular planet Gem may not satisfy the individual required frequency. Our team had prepared planetary crystal ball. Grahaspatika crystal ball which is embedded with frequency of that particular planet, mantra frequency, yantra frequency and herb frequency.

The requirement of planetary crystal ball can be arrived through horoscope and aura scanning. This service can be availed by giving photograph, horoscope to Sathiya Yogam Ashram.

2. Planetary gem stone pyramid

Carry with you always this most powerful Gemstone filled pyramid created to activate planets that are working against your improvements as per your horoscope.

Separate gem filled pyramids for each planet including Rahu and Ketu are created for your benefit.

When weak planets as per your horoscope is activated it helps to reduce the malefic effects of the weak planet and starts slowing benefits.

There may also be strong planets working against your growth in life resulting in problems such as delayed marriages, business failures, financial miseries, health issue and many others.

By using the right gem stone pyramid your problems are solved to a great extent. We guide you to achieve happiness.

Each metallic pyramid for each planet is filled with about 45 carats of unbleached, raw and pure Gem stone suitable for respective planet.

This gem stone pyramid will spread the respective Gem stone aura around the person who is in possession of it, which in turn activates the weak planet. These Gemstone pyramids are 10 times more powerful than a cut Gem stone and 10 times cheaper than the cut stones.

Available Gem stone pyramid: Blue sapphire, Cat's eye, Gomed coral, Emerald, Ruby, Pearl, Yellow Sapphire, Diamond.

Pyramid size 30mm*27mm height can be kept in hand bag or pant pocket.



AAISHWARYAM PADS

**KEEP THIS ON THE
SOUTH WEST CORNER**

Created based on Vedic prescriptions & ancient scriptures

South - West Corner of the house/Plot Dominates the Fortune Energy of that House.

In our Sanathana Dharma (Hindu Culture) this Corner is said to be Wealth Corner/Kubera Corner.

If we get Opportunity to Energise this Space/Place the whole House may filled with Divine Fortune Energy.

Our South - West Energizing Pad is Prepared with unlimited Wealth and Abundance Frequency by keeping this in South - West Corner we can Energise the Wealth and Fortune Energy.

We can keep any Number of Pads in that Place.

PRUTHVI KAVACH PADS



This pad prevent geopathic stress from the ground and prevents the person who are lying down on the bed from all the disease caused because of geopathic stress

- ❖ Restlessness
- ❖ Insomnia
- ❖ Difficulty in getting sleep
- ❖ Excessive dreaming

This pad is permanently impregnated with earth's natural frequency of 7.83 Hz which enable your body to enjoy the optimum immune levels



SHAKTHI DWAR

This Energizer which is created based on prescriptions from Vedas & Ancient Scriptures, very effectively throws up enormous POSITIVE ENERGY into the house & prevents the Negative Energies entering the House forever

**Stick 3 or 6 numbers of this ENERGIZER
on the Entrance Main Door inside the House**

www.sathiyayogam.com



This Energizer which is created based on prescriptions from Vedas & Ancient Scriptures, very effectively throws up enormous POSITIVE ENERGY into the house & prevents the Negative Energies entering the House forever.



ENTRANCE ENERGISER

For every house it is highly required to energise the main entrance to invite the fortune energy into the house and to protect the house from unwanted energies to enter in.

Contents:-

1. Entrance energizer is nothing but a copper moulded pyramid with Navaratna stones.
2. These Navaratna stones and copper pyramid exposed to the frequency of unlimited energy and with divine frequency of the mantras with geometrical symbols embedded within it.
3. This energizer keeps emitting the frequency to invite the energy of abundance and fortune into house / office / working place & prevent unwanted energies.

POORNA NIDRA MAT



**Insta Deep Sleep Mat
Deep Sleep Brainwave Tuning Tech**

KEEP THIS MAT BELOW YOUR PILLOW

POORNA NIDRA MAT

Poorna Nidra Mat will induce deep sleep Delta frequency, Non-Invasively and intern have his brain naturally enter the sleep state and enjoy Deep profound sleep subsequently.

Just place the Poorna Nidra mat below the pillow and start enjoying deep sleep.

Poorna Nidra mat embedded with Delta frequency through Scalar Technology.



SHAKTHI SARVATRA

**Energized to Neutralize Negative Earth Energies
& also to shower Positive Energies above the Earth**



ENERGIZED ON BOTH SIDES

Shakthi Sarvatra Neutralise Geopathic Stress, Sick Syndrome Energy and Shower Positive Energies above the Earth.

By Placing Shakthi Sarvatra Mat on the floor below the Carpet will Spread Unlimited Energy to that Place.

Shakthi Sarvatra are Embedded with Scalar Energy.

Smruthi Nischay Mat

STUDENTS MEMORY ENHANCER MAT



Smruthi Nischay Mat

STUDENTS MEMORY ENHANCER MAT

Helps you with
Optimum Memory Retention and Recall Abilities
when you sit on this side of the Mat and Read

Works on the principle of
Geometric Vibrations & Frequency Embedding
to take ALPHA State of Mind
Clinically Tested



Already used by many students around
the World with amazing results!

Spread a cloth or thin cushion over this mat if desired when using

This is not Medical products and No Medical claims are made.
Results may vary from person to person

SMRUTHI NISCHAY MAT

STUDENTS MEMORY ENHANCER MAT



Sitting over this Energized Mat while reading Learning, helps
the student to reach ALPHA state of mind in a few minutes!
RESULT! Enhanced Memory Retention & Recall Abilities!

Get One Sit on and start reaping the benefits instantly!
Use this Mat as a seat wherever you sit while reading or learning.

This MAT will be a boon to students who would like to excel others This MAT has helped
Thousands of students in many countries who are weaker in studies to overcome their
weakness fairly quickly and surely and reach higher levels. Brighter students have reported
elevation to higher levels with great ease after using this Mat. Chess Players after using this
MAT have reported tremendous improvement in their thinking abilities, Memory enhancement
and consequent success rate in short, sitting over this Mat while studying or learning helps the
user automatically with enhanced Memory Capacity

SCIENCE BEHIND THIS MAT

This Mat is designed to emit enormous beneficial Geometric Vibrations and is permanently
impregnated with required Frequency Vibrations employing our Proprietary Frequency Embedding
Technology to take one to ALPHA state of Mind. We sincerely feel the Memory Enhancer Mat is the
best Gift one can ever present to a Child, Boy or a Girl or any Student! as you will be only helping
them with significant qualitative changes in their life and career, permanently. A gift that shapes
student community and helps to fulfil every parent's ambitions about their children.

This is not Medical products and No Medical claims are made.
Results may vary from person to person

www.sathiyayogam.com



GUPTA ASTRA

ANTI-Radiation Accessories

Now a days every one of us which include both children and adults are using electronic gadgets for various purposes in their daily routine life. Children use gadgets to work, play games or entertain themselves. Adults are more involved with laptop and cell phones to work and for communication. Thus mobile phones or gadgets take up most of our time and apparently suffer a lot of radiation hazards which leads to various health problems like head ache, insomnia, temperament, agitation, stroke, cancer, infertility etc.,

After a considerable research our team prepared this product with certain earth minerals. These minerals have capacity to harmonise the radiation (EMF) and reduce the heating of the gadgets while in use. We have employed unique mineral technology plus scalar technology plus frequency technology in creating the most need of our product Gupta Astra (Radi safe) which protect us from harmful effects of gadget radiation. This product undoubtedly is most effective product of its kind as it doesn't interfere with signal strength.



One can be confident that Gupta Astra (Radi safe) when attached to the mobile phone or gadget can protect us from harmful effects of radiation based on certificate given by the world's renowned electronic testing laboratory and other reputed institutions.

Although one can't feel the radiation directly. They can definitely appreciate the reduction in heating of ears upon using Gupta Astra (Radi safe) as felt by many users worldwide. Since heating is because of EMR only we can safely assume that they are indirectly feeling EMR itself.

GUPTA ASTRA

b **Cell Phone Gupta Astra** b **Gadget** b **Tower** b **EMF Reducer / Shield**



MOBILE TOWER RADIATION HARMONISER:

The studies worldwide have revealed that people living near the mobile towers are subjected to many health imbalances such as faster DNA mutation, cancer, paralysis etc. This product helps to harmonise the effect of radiation inside the house which are located near the mobile towers.



GADGET: It reduces radiation and also heat.



CELL PHONE: It reduces radiation and also heat from the mobile.



EMF SHIELD: It is a square form and shields more than 95% of EMR and prevents the exposure of our being to U.V rays also.

ADBUTH AAT MAT



8 Shaped Walking is 4 times more beneficial than a impact straight walking when the organs are less impacted where as when you walk in the shape of 8, Turning to your left and right putting your entire body weight on one side, The organs on both side of the body and abdomen are greatly impacted resulting in amazing health benefits, few of which are listed below.

- 1 Problems Related Insomnia
- 2 Nose Block
- 3 Sinus
- 4 Asthma
- 5 Headache
- 6 Migraine
- 7 Thyroid
- 8 Obesity
- 9 Unwanted Fat
- 10 Knee Pain
- 11 Promoted Arthritis
- 12 Constipation
- 13 Neck, Back, Lumbar, Spondylitis
- 14 Depression
- 15 Nervous Debility
- 16 Sugar Levels
- 17 Blood Pressure
- 18 Heart Problems
- 19 Any Health Imbalance

Besides this mat is scalar energized which helps to keep the body in the most desirable near the frequency when walking over this mat.

Walking While You Talk

As you are talking on your mobile for about 20 minutes you can walking on this mat unknowingly cover 1 to 2 kilometers of walking.

When you walk 110 times in this mat it is equivalent to about 1 kilometer of walking.

Who Can Use

This 8 mat is ideal for every health conscious person and specially for housewife's and other who cannot go out for walking because of climate reasons fear of traffic, pollution etc.,



I AM FINE



Depression Diminishing Mat

Spread this mat below your pillow while sleeping, to enjoy the feel good factors like Reduced Stress, Anxiety and Pain.

Consequently you will also start feeling Positive, Confident and Optimistic, resulting in diminishing of your Depression status considerably.

Using our Proprietary

'Frequency Embedding Technology'

this Mat is permanently impregnated with a Frequency, matching the feel good hormone

'Endorphins' which helps to trigger all the feel good factors.

Speed of happenings vary from person to person, as each individual is unique.

This is not a Medical product intended to treat cure or eliminate any disease.

I AM FINE

Depression Diminishing Mat



PRANA VRUDHI PAD

Water and Food Energizer



LIFE ENERGY PAD is probably the best Health Gift you can ever imagine!
Gift it to elders and make them feel energized always! That's the only thing many
Disclaimer: This product is not intended to diagnose, treat or cure any disease.

WATER AND FOOD ENERGIZER

Keep the Water bottle, milk, juices, toxic soft drinks, hot drinks, fruits, food items over the **LIFE ENERGY PAD** for just 10 minutes and get ready to enjoy consuming the much energized stuff! There can be no better way to ensure wellness of the human being than consuming an Energized Water!

LIFE ENERGY PAD created for the first time in the World, employing the time tested principles of geometric symbol vibrations, is permanently embedded with **SCALAR ENERGY** the Life Force Energy. The life of this Life Energy Pad is lifetime. Life Energy pad showers the much needed energy in abundance by default instantly on any consumable stuff that are kept over the plate, thanks to the unique technology employed in creating this plate.

It is acknowledged by the consumers of Energized Water that it greatly facilitates activation of cells and energy centers of the body, helps expulsion of toxins from the body, aides better sleep and ensures optimum overall Wellness. **LIFE ENERGY PAD** could possibly be the solution for many health imbalances.

You can keep the **LIFE ENERGY PAD** in your refrigerator too and use. In fact it can find a permanent place on your dining table. The effectiveness of Energized Water created out of **LIFE ENERGY PAD** is demonstrated **CLINICALLY** using the World renowned Russian GDV Kirlian Technologies Equipment and you may view the beneficial effect it produces on the 52 organs/senses of the human body.

www.sathiyayogam.com

PRANA VRUDHI PAD

Water and Food Energizer

LIFE ENERGY PLATE is probably the best Health Gift you can ever imagine!
Gift it to elders and make them feel energized always! That's the only thing.

Disclaimer: This product is not intended to diagnose, treat or cure any disease.



This Mat Cleanses the Earth Energy by Neutralizing Geopathic Stress if one sit on the mat, takes you to the Meditative mode Instantly.

Both Sides of the mat can be used.

This Mat is Energized with Scalar Energy & Embedded with Alpha Frequency.

Anugraha Spatika Mala



Crystal Mala Energizer

Anugraha Rudraksha Mala



Energized Rudraksha Mala

SPATIKA CHIKITSA

Therapeutic Crystals



*Raising your Conscious Level and
Increasing your Healing Power by
Using Crystal*

**Align to Divine frequency
& lead a healthy life**



This Crystal Energized & Impregnated With

- ▶ *Frequency Related to Curing the Disease*
- ▶ *Frequency of Herbs*
- ▶ *Frequency of Mantra*
- ▶ *Frequency of Yantra*
- ▶ *Unlimited Frequency*
- ▶ *Frequency of Planets*

Every living being is with particular frequency to lead a healthy, happy, blissful life. If a person deviates from that frequency then person land up with stress that leads to disease.

If a being is in the frequency he will be healthy, wealthy & connected with the divine (Multiversal Energy).

The Spatika Chikitsa is introduced to bring back living beings into the required frequency and align that being to the divine.

The Spatika Chikitsa the therapeutic Crystal ball is embedded with required frequency suitable mantra, Herbal, Yantra frequency & Multiversal Frequency in subatomic level.

How to use:- Drop the crystal into a bottle containing water leave it undisturbed for 1-2 hrs. consume the water regularly. Drink 1-2 ltr of water per day. Various crystal balls available.

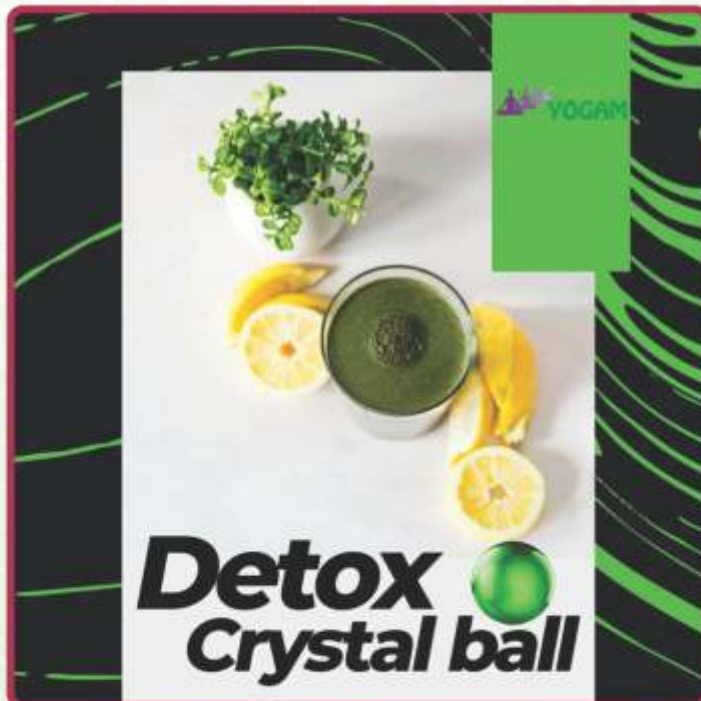
Method: Drop the Crystal Ball in 1 Litre of water (Bottle) and Drink the Water after a minimum of 30 minutes of Retention.



SPATIKA CHIKITSA

Various type of Crystals Various purposes

- ✿ Pancreas Booster
- ✿ Sinus
- ✿ Acidity
- ✿ Energy Unlimited
- ✿ I Am Fine
- ✿ Slower Cerebral Rhythm
- ✿ Block Remover Ball
- ✿ Gall Bladder Stone Removal
- ✿ Kidney Stone Removal
- ✿ Weight Loss Ball
- ✿ Pleasure Unlimited
- ✿ Hair Growth
- ✿ Constipation Relief
- ✿ Oxygen Generator
- ✿ Pet Care Ball
- ✿ Asthma / Wheezing
- ✿ Pain Relief
- ✿ Nutrition Ball
- ✿ Varicose Veins
- ✿ Thyroid
- ✿ Creatinine / Blood Urea
- ✿ Detox Ball
- ✿ Piles
- ✿ 3rd Eye Opening
- ✿ Earth Frequency (7.83 Hz)
- ✿ Gayatri Mantra Ball
- ✿ Om Frequency Ball
- ✿ Deep Sleep
- ✿ Stress Relief
- ✿ Accelerated Learning
- ✿ Reproductive Organ Activation
- ✿ Astral Projection
- ✿ Plant Growth Booster
- ✿ Cancer Management
- ✿ De-Addiction
- ✿ Ulcer Relief
- ✿ DNA Repair
- ✿ Awakening Intuition
- ✿ Liberating Guilt & Fear
- ✿ Facilitating Change
- ✿ Instant Sports Energy Ball
- ✿ Mental Imaginary / Clairvoyance
- ✿ Spiritual Awakening
- ✿ Feeling Of Peacefulness
- ✿ Strong Feeling Of Love
- ✿ Strong Will Power
- ✿ God Feeling, Security WellBeing
- ✿ Tantra, Kundalini
- ✿ Learning,
- ✿ Unusual Problem Solving Improved
- ✿ Arthritis
- ✿ Migraine, and More...,



CHIKITSA (Products)



SATHIYA YOGAM

**NUTRITION
**
CRYSTAL BALL**

A hand pours green seeds into a glass jar filled with a colorful salad of tomatoes, cucumbers, and leafy greens. A yellow crystal ball is shown at the bottom right.



SATHIYA YOGAM

**SURE SLEEP
CRYSTAL BALL**

WE HAVE CREATED THIS CRYSTAL BALL EMBEDDED WITH 3.4HZ FREQUENCY, WHICH PROVES TO BE THE MOST EFFECTIVE AND NON INVASIVE SOLUTION TO THE PROBLEM

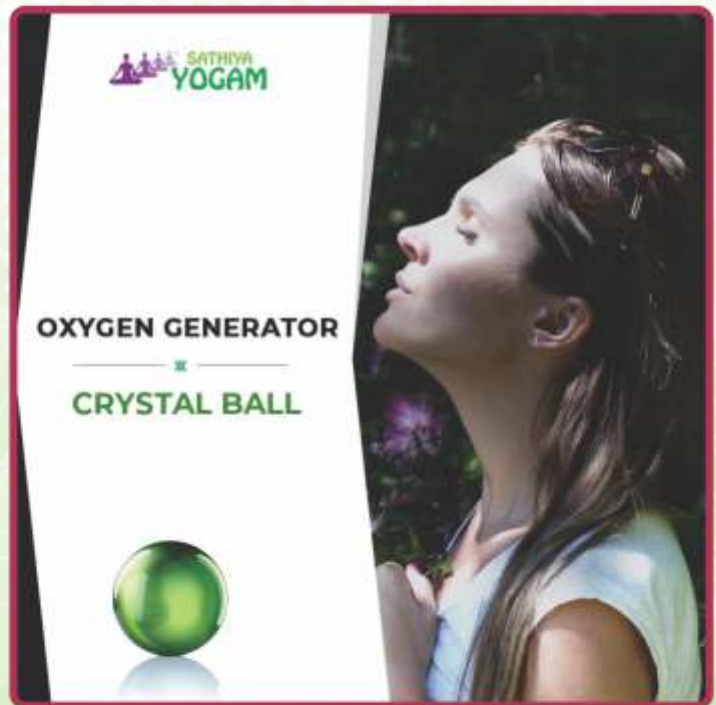
A person is shown sleeping peacefully in a bed. A blue crystal ball is shown at the bottom right.



**Energy
Unlimited**

CRYSTAL BALL

A man is shown lifting a heavy barbell. A purple crystal ball is shown at the bottom right.





SATHIYA YOGAM

**OXYGEN GENERATOR
*
CRYSTAL BALL**

A woman is shown looking up and breathing in fresh air. A green crystal ball is shown at the bottom left.

Varicose Veins Relief
**
CRYSTAL BALL



SATHIYA YOGAM

SURE HAIR CRYSTAL BALL



YOU CAN NOW BID GOOD BYE TO BALD HEAD & GREY HAIR WITH CONFIDENCE

THIS CRYSTAL BALL IMPREGNATED WITH THE REQUIRED SPECIFIC FREQUENCIES USING OUR PROPRIETARY FREQUENCY EMBEDDING TECHNOLOGY





SATHIYA YOGAM

SINUS RELIEF
CRYSTAL BALL



SATHIYA YOGAM

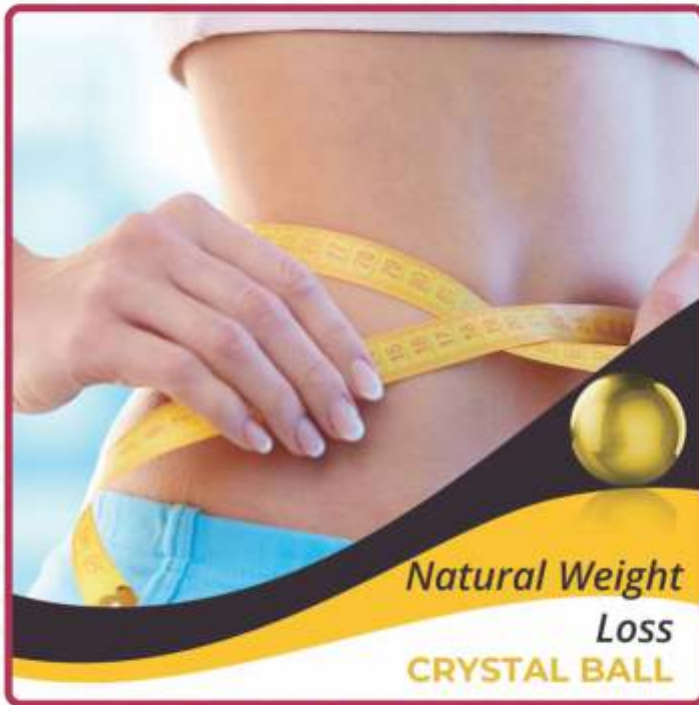
ALZHEIMER RELIEF
CRYSTAL BALL



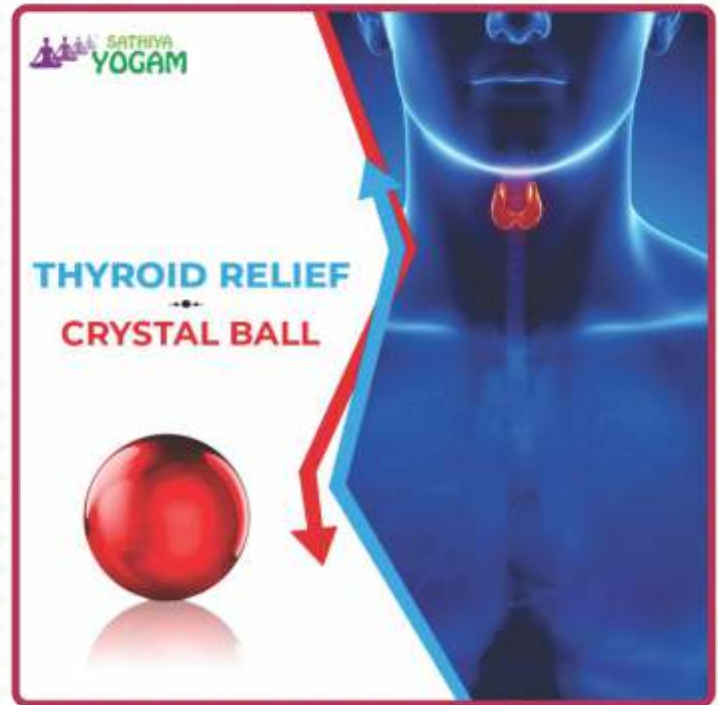
SATHIYA YOGAM



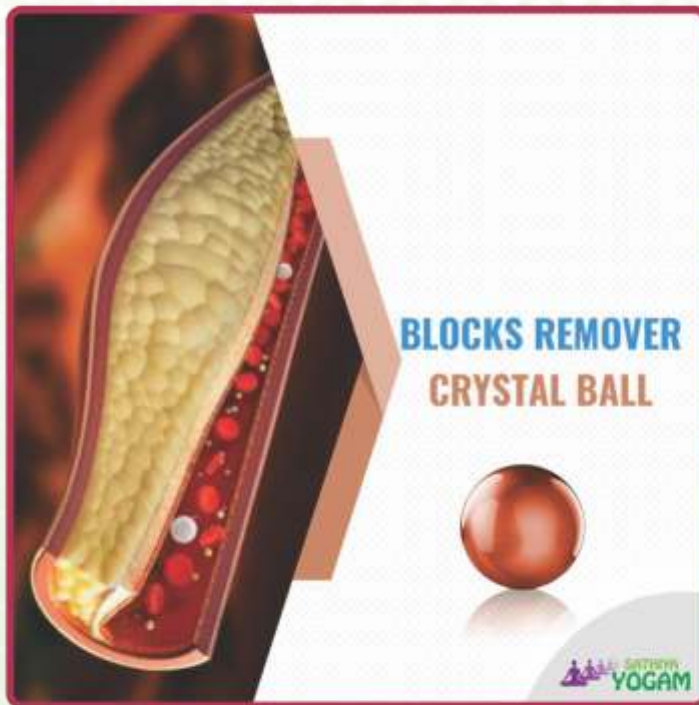
CHIKITSA (Products)



Natural Weight Loss
CRYSTAL BALL



THYROID RELIEF
CRYSTAL BALL



BLOCKS REMOVER
CRYSTAL BALL



ULCER RELIEF
CRYSTAL BALL



SAAMAGRI

Products

Sathiya Yogam provided many organic daily lifestyle products like Soaps (Activated Carbon, Multani Mitti, Chia Seeds, Neem + Tulasi, Honey + Turmeric) Incense Sticks (Cinnamon, Cedar wood, Myrrh, Maddipal, Benzoin, Chandan, Frank, Kesar Chandan) Minsara Thailam, Herbal Hair Oil, Herbal Hair Shampoo, Pinda Thailam, Akshay Niddhi, South West Corner Box, Gruha Suraksha (Set of 9 boxes), Bath Salts (Blue wave for night, Gold Rush for morning)

SAAMAGRI (Products)



SATHIYA YOGAM



**100%
Natural**

**Sathiya Yogam Saamagri
Organic and Herbal products
for your routine life!!**

Products

Oil, Shampoo & Lotion

Herbal hair oil
Herbal hair shampoo
Minsara thailam
Pinda thailam
Bath Salt

Soap

Chia seed soap
Activated carbon soap
Neem and Tulasi soap
Multani mitti soap
Turmeric and honey soap

Incense Sticks

Cinnamon incense sticks
Chandan incense sticks
Benzoin incense sticks
Myrrh incense sticks
Cedarwood incense sticks
Maddipal incense sticks
Frank incense sticks
Kesar chandan incense sticks



SAAMAGRI (Products)



SAAMAGRI (Products)

100% Natural

SATHIYA YOGAM



CHANDAN
INCENSE STICKS

CHANDAN (SANDALWOOD) HAS HELD A VENERATED POSITION EVER SINCE THE GLORIOUS TIMES OF VEDIC INDIA. ITS TOUCH TO THE HUMAN BODY IS SOOTHING AND PROMPTING, AND ITS FRAGRANCE IS PURIFYING. THIS SANDALWOOD INCENSE FROM HERE IS ONE OF THE FINEST IN THE WORLD.



100% Natural

SATHIYA YOGAM



KESAR CHANDAN
INCENSE STICKS



100% Natural

SATHIYA YOGAM



MYRRH
INCENSE STICK

MYRRH
INDIAN GUGGUL
mild soothing fragrance

SATHIYA YOGAM


SATHIYA YOGAM

100% Natural

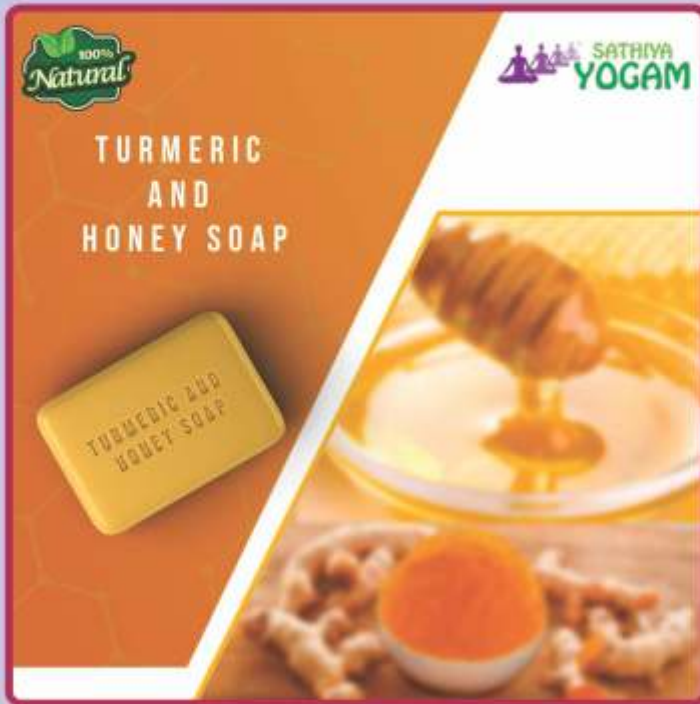


MINSARA
THAILAM

Gently apply on the affected area.
Shelf life 2 years.



SAAMAGRI (Products)



SAAMAGRI (Products)



100% Natural

SATHIYA YOGAM

CARROT BODY LOTION



CARROT BODY LOTION



100% Natural

SATHIYA YOGAM

HERBAL HAIR SHAMPOO

Gently Massage into the scalp, leave overnight and wash next morning. For best result use thrice a week. Do not heat the oil directly, if necessary double boil. Shelf life 2 years.



HERBAL HAIR SHAMPOO



100% Natural

SATHIYA YOGAM

HERBAL HAIR OIL

GENTLY MASSAGE INTO THE SCALP, LEAVE OVERNIGHT AND WASH NEXT MORNING FOR BEST RESULT USE THRICE A WEEK. DO NOT HEAT THE OIL DIRECTLY. IF NECESSARY DOUBLE BOIL. SHELF LIFE 2 YEARS.




100% Natural

SATHIYA YOGAM

SAFFRON NIGHT OIL

GENTLY APPLY 3-4 DROPS OF SAFFRON NIGHT OIL OVER THE FACE AND LEAVE OVERNIGHT. SHELF LIFE 2 YEARS.



SAAMAGRI (Products)

AKSHAYA NIDHI

Wish Box

This box will fulfill your desire by just affixing your Photo, Filling the Magic Number, Energizing with Affirmation and Mantra According to your desire.



This Box Consisting of 11-14 Types of Semi - Precious Stone, 4 Types of Yantras, Magic Numbers, According to your Desire.



SATHIYA YOGAM

***Various Type of Wish Boxes
for various Desires***

Types of AKSHAYA NIDHI
(Wish Boxes)

- ☐ Family & Children
- ☐ Business & Career
- ☐ Energy & Vitality
- ☐ Lunch & Fortune
- ☐ Foreign & Higher Study
- ☐ Job & Promotions
- ☐ Positive & Happiness
- ☐ Money & Finance
- ☐ Peace & Relaxation
- ☐ Fame & Power
- ☐ Protection & Safeguard
- ☐ Memory & Concentration
- ☐ Success & Progress
- ☐ Legal And Court Case
- ☐ Strength & Confidence
- ☐ Marriage & Love
- ☐ Spirituality
- ☐ Continuous success on any form

SAAMAGRI (Products)

AKSHAYA NIDHI



This multiverse (multi universe) is full of opportunity and abundance energy. Every human having desires and opportunities. This Akshaya Nidhi creates a bridge between desires and opportunities.

The Akshaya Nidhi (wish box) consisting of,

- (I) 4 Yantras
- (ii) 11-14 types of precious and semi precious stones .

The type of Yantras and semi precious stones vary according to the wish (purpose) which are energized with that particular mantra and mantra frequency (abundant / unlimited frequency).

To project the energy of yantras & crystals it is covered and sealed by spiritual geometrical symbol

To utilize the same focused energy the Akshaya Nidhi is provided with magic numerical square card.

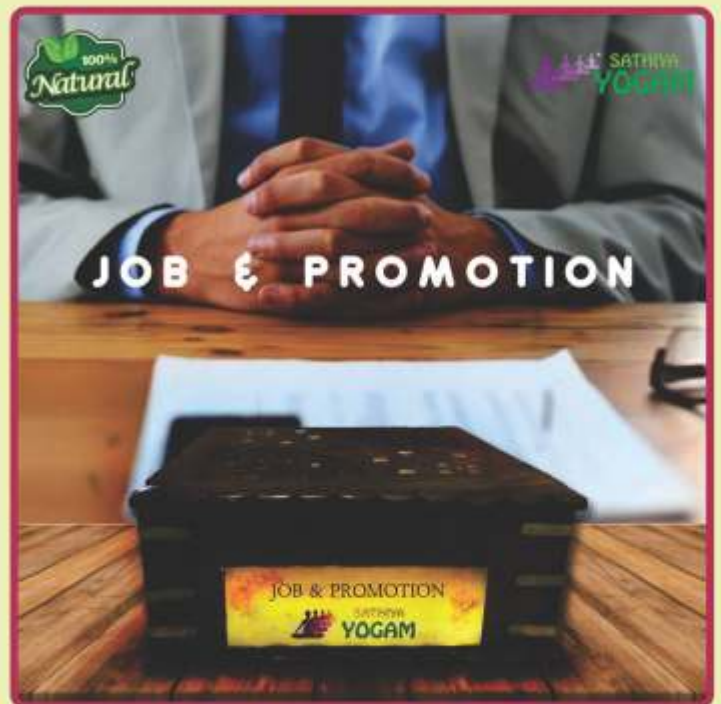
How to use:-

Akshaya Nidhi holder is requested to fill the magic numerical square and affix the photo on the card.

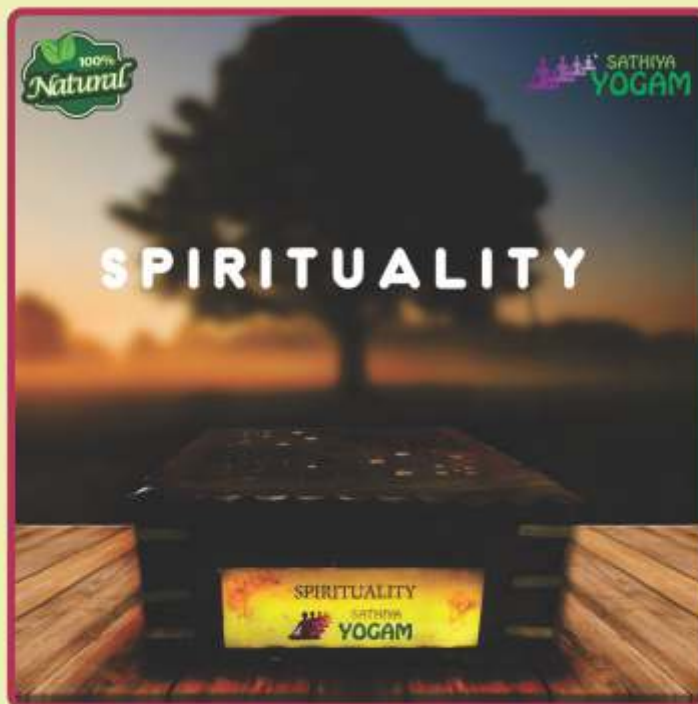
Holder is requested to duly signed on the card with red pen & fill their name with Capital Letter.

To energise the box after duly completion of above process. Hold the box in the left hand & place your right hand over the box and chant the given mantra as many times as possible and affirmation whenever possible (daily / weekly).

SAAMAGRI (Products)



SAAMAGRI (Products)



GRUHA SURAKSHA



GRUHA SURAKSHA

Gruha Suraksha is a science of ancient wisdom dealing with Energy levels, Energy fields, energy points, geopathic stress in order to establish a positive correlation between the Earth Energies, directional energies and the cosmic energies.

The fundamental vastu shastra have eight directions & Bramhasthala. Each direction is governed by particular lord. Worshipping lords of specific direction yields eternal bliss to the people in the form of success, health and prosperity.

Gruha suraksha boxes can be placed before the constructions preferable or otherwise if it is possible we can dig and place it even after construction. These master boxes energies the whole multiversal energy.

These vastu boxes also balances all five elements Earth, Water, Air, Fire (heat & light) and Sky in proper proportion for prosperity & harmony.

Gruha suraksha is a scientific Vastu Boxes which accounts for 8 direction & Bramhasthala.

8 Direction & Bramhasthala Box

1. North
2. South
3. East
4. West
5. North East
6. North West
7. South East
8. South West
9. Bramhasthala

Each vastu box contains

1. Antahkarna Symbol
2. Yantras
3. Mahameru with Sriyantra
4. Crystals Energized
5. Precious Stones
6. Rudraksha Malas.

Yantras, crystals & precious stones vary according to the vastu Adhipathi of that direction.

Mandala Healing is final process with Rudrakshams, Tachynoized crystals & sacred materials using symbols, chanting special mantras in lying posture of the person so that the Dhoshas are cleansed and activates the energy vertexes of the person for a rejuvenated future life.



SOUTH WEST VASTU BOX

The South – West direction is a place where the required energy of that house will be distributed from this corner. That is why according to the Santhana Dharma (Hindu Tradition) the South – West corner is governed by the Kubera. who is the treasurer for wealth of Mahalakshmi (Goddess of Wealth).

Contents:-

The South – West corner box energize this corner by,

- J Energised Crystals**
- J Rudrakshas**
- J Herbs**
- J Yantras (14 types)**
- J Precious Stones**
- J Maha Meru along with Sri Yantra**
- J Antahkarna Symbol & much more.**

We place 14 types of yantras to energise all different aspects of life including Health, Wealth, Happiness, Spirituality, Harmony, Negativity removal, Longevity, Flow of Money, Relationship, Education, Penance, Clarity in Thinking etc.

Note: The type and weight of crystals & precious stones depends upon the dimension and energy of the place.



OWSHADHAM

Therapeutic Products

Human beings have 12 major organs, all 12 major organs are directly or indirectly connected with a single vast spread, highly effective organ called skin.

If any person is exposed to bad environment / atmosphere by pollution etc. where skin is exposed, the whole system of being gets affected through skin.

In olden days we give utmost importance to external applications and less internal consumptions.

Even now the traditional Ashrams treat any sort of diseases in both methods.

1. Traditional external application by way of massage with concerned Herbal oil.
2. Internal consumption of herbs prepared in a highly traditional methods starting from growing, plucking of herbs & preparation of therapeutic powder.

Sathiya Yogam is also providing cure to certain abnormalities (diseases) by adapting external applications & internal consumptions.

OWSHADHAM (Therapeutic Products)



Milagai Oil

TO TREAT HEADACHES OR MIGRAINES.
MASSAGE YOUR HEAD BEFORE HEAD BATH



Milagu Thailam

TO TREAT PIMPLES



Aloe vera Thailam

TO TREAT BURNING SENSATION AND
COOLS THE BODY



Sinus Thailam

TO TREAT SINUS, MIGRAINES,
HEADACHES AND FOR
CHRONIC COLD



Mudakathan Thailam

PAIN RELIEF (OIL) THIS NATURAL OIL WILL
HELP RELIEVE JOINT PAIN, BACK PAIN,
SHOULDER PAIN, WRIST PAIN, NECK
PAIN, STIFFNESS, MUSCULAR PAIN ETC.



Premature Grey Hair

ANTI DANDRUFF, HAIR FALL CONTROL,
PREMATURE GREYING OF HAIRS,
USED FOR HEAD MASSAGE



Massikkai Thailam

TO TREAT HEAT BOILS



Vallarai oil

TO IMPROVE MEMORY POWER



OWSHADHAM (Therapeutic Products)



Karnapoorna Thailam

TO IMPROVES HEARING, AND
STRENGTHENS THE BONES IN
THE EAR



Pain Relief Thailam

RELIEVES INFLAMMATION,
MUSCULAR ACHES, JOINT PAINS,
SPRAINS, STRAINS, AND BACKACHE



Ponnagani Thailam

CURES EYE RELATED PROBLEM
TO IMPROVE EYE VISION



Foot Cracks Thailam

APPLY ON FOOT SOLE FOR
CURING AND AVOIDING
CRACKS



Karisalankanni Thailam

KEEPS US COOL AND REDUCES
THE BODY HEAT



Healthy hair oil

STIMULATES HAIR GROWTH,
COMBATS DRY SCALP AND
DANDRUFF, NOURISHES HAIR



Kurunthotty Thailam

TREAT FOR MUSCLES AND NERVES
RELATED PROBLEM



Parangipattai oil

CURES SKIN DISORDERS,
IMPROVES SKIN COMPLEXION



OWSHADHAM (Therapeutic Products)



Tooth Powder

FOR HEALTHY AND
RADIANT TEETH



Dhoopam Powder

REMOVES NEGATIVITY AND TOXINS



Bath Powder

FOR GLOWING SKIN LIGHTENS SCARS CLEANS
THE SKIN AND PREVENTS SKIN INFECTIONS,
BATH POWDERS ACTS AS A MILD EXFOLIATE
AND REMOVES DEAD SKIN, GIVING A NICE
GLOW TO OUR SKIN.



Theertha Powder

RELIEF FROM DRY COUGH AND COLD
AND IT IS GOOD FOR IMMUNITY,
IT ALSO PURIFIES BLOOD



Face Powder

REMOVE DEAD CELLS AND PROMOTES
REJUVENATION, IT IMPROVE NATURAL
GLOW ON FACE



Jeerna Mandala powder

ITS CURES STOMACH
DIGESTION RELATED PROBLEMS



Kayakalpam Powder

ANTI AGING POWDER, IMPROVES
IMMUNITY FOR PHYSICAL BODY HEALTH



Panchalavana Choornam

FOR BALANCING THREE DOSHAS
VADATHAM / PITHAM / KAPAM



OWSHADHAM (Therapeutic Products)



Sahasara Natural Powder

GOOD FOR SPIRITUAL HEALTH



Cholesterol powder/HBR

BALANCES CHOLESTEROL LEVEL IN BODY



Sirukuruthan Powder

FOR MAINTAINING THE
BLOOD SUGAR LEVEL



Asthma Sooranam

IMPROVE LUNG EFFICIENCY,
CURES WHEEZING AND ASTHMA



Mudavattukal Powder

JOINT PAIN RELIEF POWDER.



White Hair Sooranam

IT NOURISHES YOUR HAIR, PREVENTS
FURTHER PREMATURE GREYING AND
MAKES THEM STRONG AND SHINY.



Vaayu Mooligai Powder

RELIEVES GASTRIC IRRITATION.

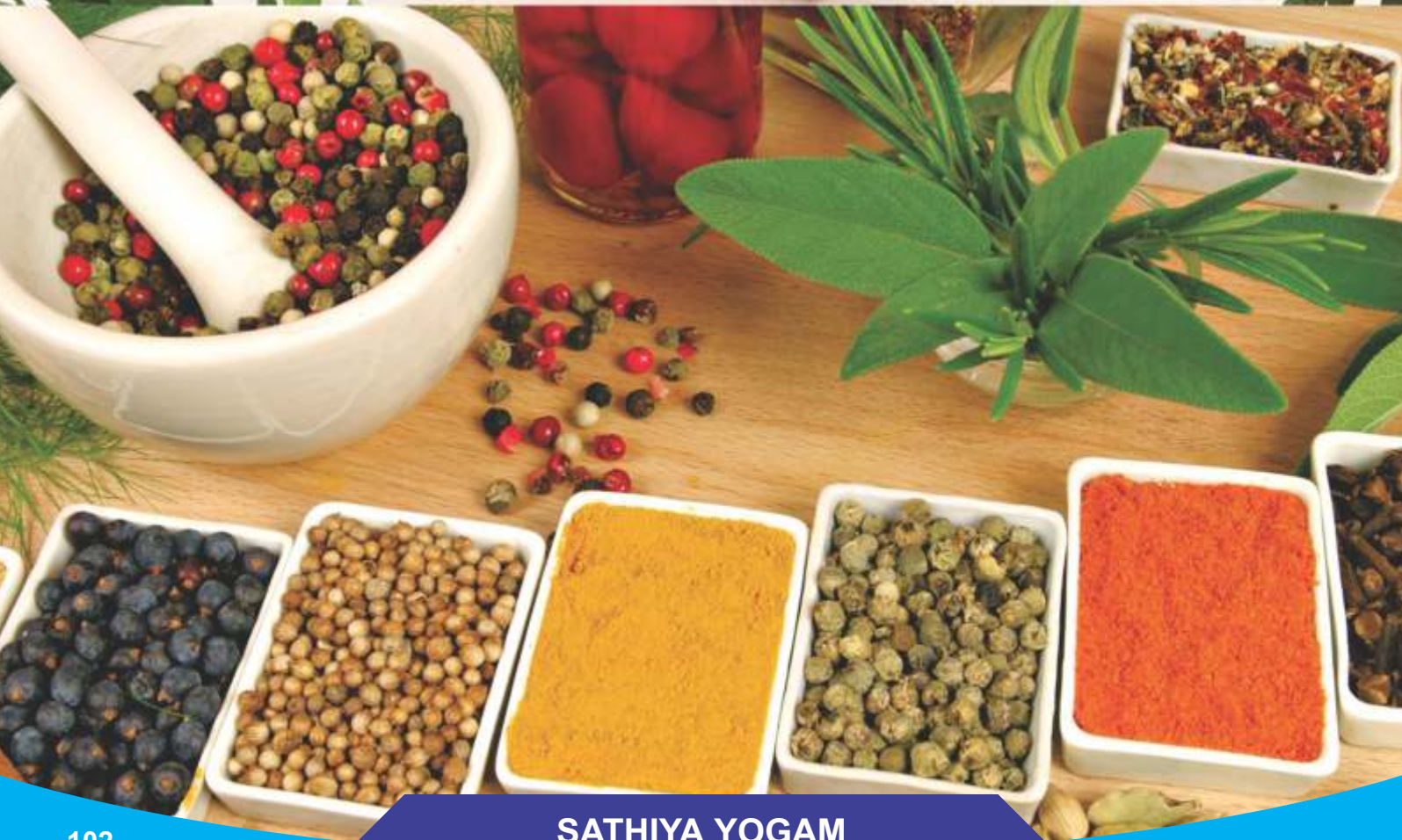


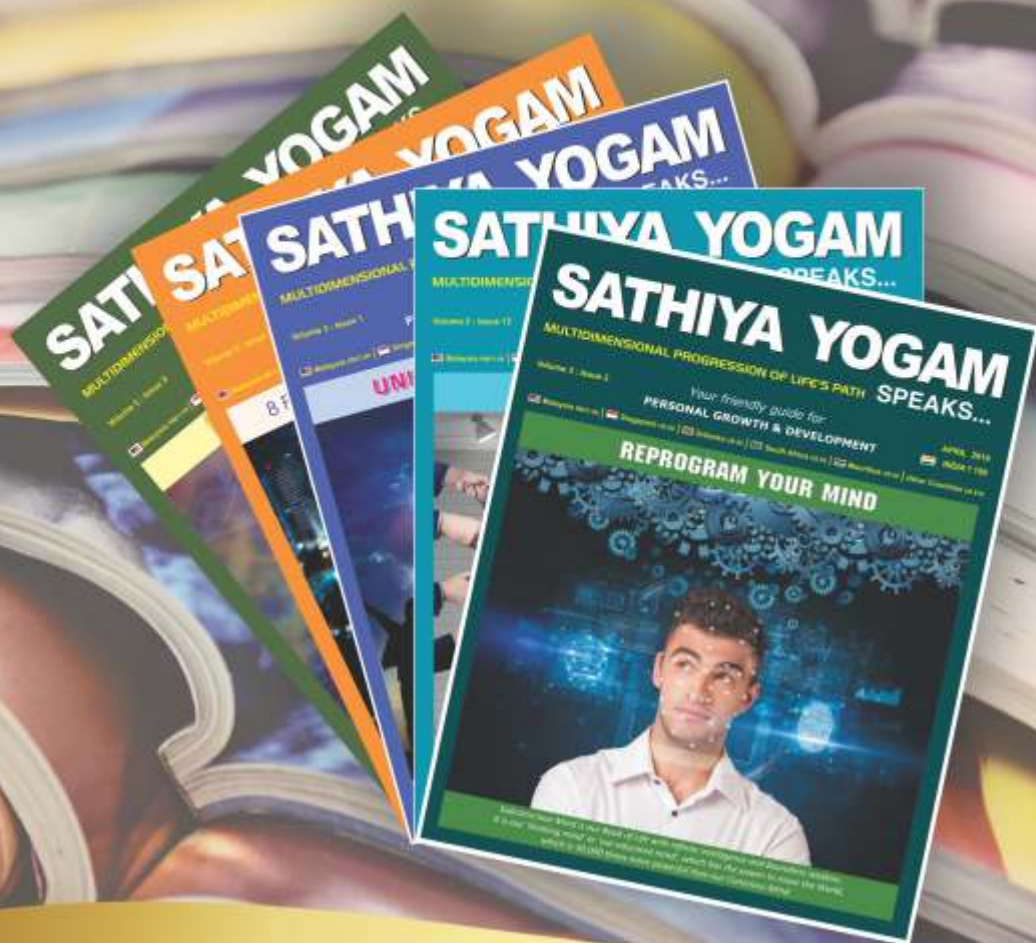
Parangi Pattai Soornam

CURES SKIN DISEASES,
LEUCODERMA, VENEREAL DISEASES,
BRINGS BACK THE NATURAL SKIN.



OWSHADHAM
(Therapeutic Products)

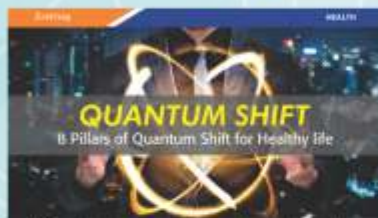




PRACHAR *Magazine*

Sathiya Yogam as an organisation has been serving its followers for the last 14 years and now it is time to reaches the mass and spread its wings all over India and also other countries.

In order to connect with the mass, Sathiya Yogam has started its Prachar division in 2016 and had started a magazine "SATHIYA YOGAM Speaks" as an arm to reach to the outer world. Sathiya Yogam Speaks is an wholesome Magazine which covers the Personal Growth and Development areas, having an holistic view it covers Personal Growth, Social life, Spiritual life, Career, Work, Family, Relationship, Health & Wealth. This magazine covers inputs to all the members of a family and creates awareness about Sathiya Yogam and its activities to them.



Quantum Shift is a unique scientific approach to living that transcends quantum and classical science boundaries and brings the physical and metaphysical aspects of the universe into a unified view of everything that exists in our universe.

Quantum Shift is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe. It is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe.



Lifestyle Modification

Lifestyle modification is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe. It is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe.

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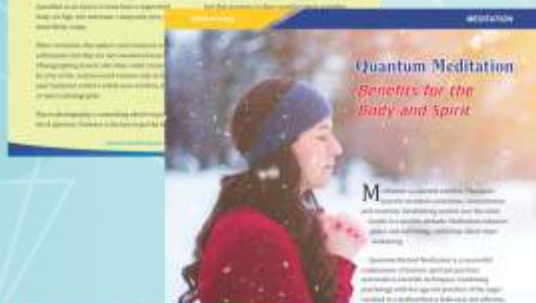


MACRO PHOTOGRAPHY GOING DEEP INTO CREATION

The macro photography is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe. It is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe.

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Quantum Meditation

Benefits for the body and spirit

Meditation is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe. It is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe.

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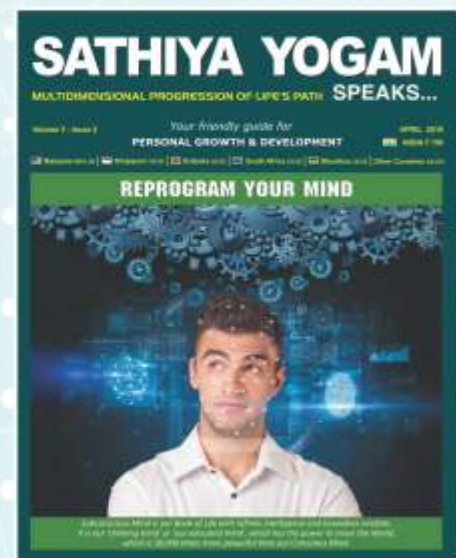
Quantum Energy Healing

To Heal Body and Mind

Quantum energy healing is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe. It is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe.

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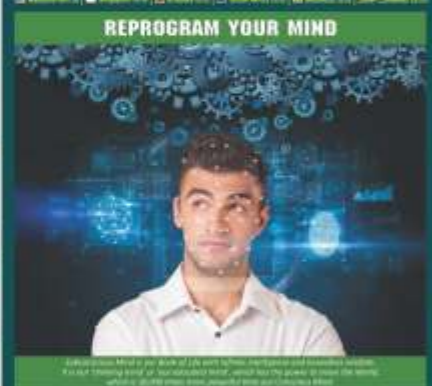


SATHIYA YOGAM

MULTIDIMENSIONAL PROGRESSION OF LIFE'S PATH SPEAKS...

Your friendly guide for PERSONAL GROWTH & DEVELOPMENT

REPROGRAM YOUR MIND



Reprogram your mind in just 10 days of life with the help of Sathiya Yoga and Sathiya Yoga.

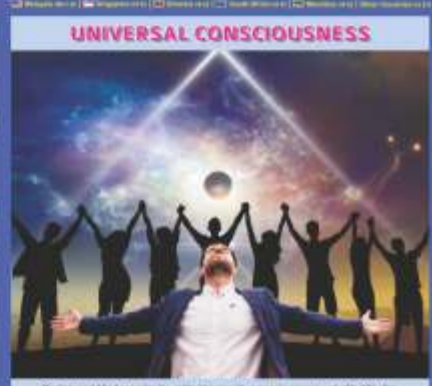


SATHIYA YOGAM

MULTIDIMENSIONAL PROGRESSION OF LIFE'S PATH SPEAKS...

Your friendly guide for PERSONAL GROWTH & DEVELOPMENT

UNIVERSAL CONSCIOUSNESS



The Universal Mind is the source of all life and consciousness. It is the source of all life and consciousness.

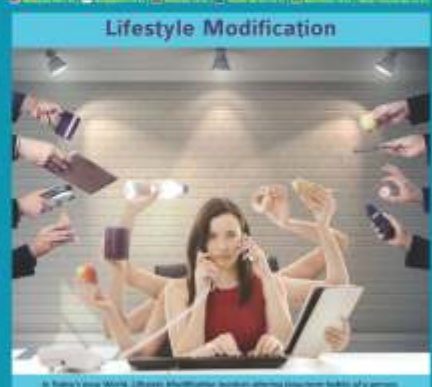


SATHIYA YOGAM

MULTIDIMENSIONAL PROGRESSION OF LIFE'S PATH SPEAKS...

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Lifestyle Modification



In today's busy world, Lifestyle Modification is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe. It is a science that is a practical, accessible, and powerful tool for understanding the physical and metaphysical aspects of the universe.

RELATIONSHIP

EMMA SWIFT'S CHINESE PERSONALITY ANALYSIS



Emma Swift's Chinese Personality Analysis is a unique and insightful way to understand your personality and relationships. It is based on the ancient Chinese art of astrology, which combines the elements of the universe with the human body to create a powerful and accurate portrait of the individual.

The analysis is based on the Chinese zodiac, which is a 12-year cycle of animals. Each year is associated with a specific animal, and each animal has its own unique characteristics and personality traits. By knowing your zodiac sign, you can gain a deeper understanding of your own personality and the personalities of those around you.

The analysis is also based on the Chinese elements, which are the five basic elements of the universe: wood, fire, earth, metal, and water. Each element has its own unique characteristics and personality traits. By knowing your element, you can gain a deeper understanding of your own personality and the personalities of those around you.

The analysis is a powerful tool for understanding yourself and others. It can help you to identify your strengths and weaknesses, and to understand the personalities of those around you. It can also help you to improve your relationships and to live a more harmonious and successful life.

RELATIONSHIP

HARMONIOUS RELATIONSHIP A BOON



Harmonious relationships are a boon for everyone. They are the foundation of a successful life, and they can help you to achieve your goals and dreams. In this article, we will explore the benefits of harmonious relationships and how you can create them in your life.

Harmonious relationships are characterized by mutual respect, understanding, and support. They are relationships in which each person feels valued and appreciated. They are relationships in which each person is able to express their true self and to be vulnerable with the other.

Harmonious relationships are also characterized by a sense of shared purpose and goals. They are relationships in which each person is committed to the other and to the relationship. They are relationships in which each person is able to support the other in achieving their goals and dreams.

Harmonious relationships are a boon for everyone. They can help you to improve your self-esteem, to increase your happiness, and to live a more successful and fulfilling life. They can also help you to improve your relationships with others and to create a more harmonious and peaceful world.

RELATIONSHIP

RAPPORT Communication and Relationships The Keys for Success!



Rapport is the key to success in communication and relationships. It is the ability to connect with others on a deep and meaningful level. It is the ability to understand their needs and desires, and to respond to them in a way that is helpful and supportive.

Rapport is also the key to success in business and in life. It is the ability to build strong and lasting relationships with others, and to use those relationships to achieve your goals and dreams. It is the ability to create a positive and harmonious environment in which everyone can thrive.

Rapport is a skill that can be learned and improved. It is a skill that can help you to become a more effective communicator and a more successful person. It is a skill that can help you to create a more harmonious and peaceful world.

RELATIONSHIP

Discover the GENIE within



Discover the genie within! This is a powerful and transformative experience that can help you to unlock your true potential and to live a more fulfilling and successful life. It is a journey of self-discovery and personal growth that can lead to a new and exciting chapter in your life.

The genie within is a powerful force that can help you to achieve your goals and dreams. It is a force that can help you to overcome your fears and doubts, and to live a more confident and assertive life. It is a force that can help you to create a more harmonious and peaceful world.

The genie within is a gift that is available to everyone. It is a gift that can help you to become a more effective communicator and a more successful person. It is a gift that can help you to create a more harmonious and peaceful world.

RELATIONSHIP

Heal Your Body, Mind & Soul.



Heal your body, mind, and soul. This is a powerful and transformative experience that can help you to unlock your true potential and to live a more fulfilling and successful life. It is a journey of self-discovery and personal growth that can lead to a new and exciting chapter in your life.

The body, mind, and soul are all interconnected and interdependent. They are all part of the same whole, and they all need to be healed and balanced. When one part is out of balance, the whole is affected.

Healing your body, mind, and soul is a journey of self-discovery and personal growth. It is a journey that can lead to a new and exciting chapter in your life. It is a journey that can help you to become a more effective communicator and a more successful person.

RELATIONSHIP

Stepping into the Same River Twice?



Stepping into the same river twice? This is a powerful and transformative experience that can help you to unlock your true potential and to live a more fulfilling and successful life. It is a journey of self-discovery and personal growth that can lead to a new and exciting chapter in your life.

The river of life is a constantly flowing stream. It is a stream that is always changing and evolving. It is a stream that is always full of life and energy.

Stepping into the same river twice is a journey of self-discovery and personal growth. It is a journey that can lead to a new and exciting chapter in your life. It is a journey that can help you to become a more effective communicator and a more successful person.

RELATIONSHIP

Relationship Healing The H.E.A.L. Technique



Relationship healing is a powerful and transformative experience that can help you to unlock your true potential and to live a more fulfilling and successful life. It is a journey of self-discovery and personal growth that can lead to a new and exciting chapter in your life.

The H.E.A.L. technique is a powerful tool for relationship healing. It is a technique that can help you to identify the root causes of your relationship problems and to create a new and healthy relationship.

Relationship healing is a journey of self-discovery and personal growth. It is a journey that can lead to a new and exciting chapter in your life. It is a journey that can help you to become a more effective communicator and a more successful person.

RELATIONSHIP

Past Future THE POWER OF AFFIRMATION



The power of affirmation is a powerful and transformative experience that can help you to unlock your true potential and to live a more fulfilling and successful life. It is a journey of self-discovery and personal growth that can lead to a new and exciting chapter in your life.

Affirmations are powerful statements that can help you to create a new and healthy relationship. They are statements that can help you to identify the root causes of your relationship problems and to create a new and healthy relationship.

The power of affirmation is a journey of self-discovery and personal growth. It is a journey that can lead to a new and exciting chapter in your life. It is a journey that can help you to become a more effective communicator and a more successful person.

RELATIONSHIP

INNER CHILD HEALING 3 Things Your Inner Child Needs to Heal You Now



Inner child healing is a powerful and transformative experience that can help you to unlock your true potential and to live a more fulfilling and successful life. It is a journey of self-discovery and personal growth that can lead to a new and exciting chapter in your life.

The inner child is a powerful force that can help you to achieve your goals and dreams. It is a force that can help you to overcome your fears and doubts, and to live a more confident and assertive life. It is a force that can help you to create a more harmonious and peaceful world.

Inner child healing is a journey of self-discovery and personal growth. It is a journey that can lead to a new and exciting chapter in your life. It is a journey that can help you to become a more effective communicator and a more successful person.

Engineering **SELF-DEVELOPMENT**

SELF-EMPOWERMENT

Means YOU Control YOUR Life and DESTINY

ETERNAL

THE LIFE of Shri Nimbarka Bhagavan

The life of Shri Nimbarka Bhagavan is a story of devotion, love, and spiritual attainment. He was a great devotee of Lord Venkateswara of Tirumala and a great philosopher. His teachings are based on the concept of 'bhakti' or devotion. He believed that through devotion, one can attain the highest spiritual knowledge and experience the bliss of God. His teachings are simple and easy to understand, and they have inspired millions of people to follow the path of devotion. His life is a testament to the power of love and devotion, and it is a source of inspiration for all who seek the truth.

Healing **RELATIONSHIP**

THE HEALING POWER OF THE MANDALA

Mandala is a sacred geometric pattern that is used in many different ways. It is a powerful tool for healing and transformation. It can be used to connect with the divine, to heal the body, mind, and soul, and to create a sense of harmony and balance. The mandala is a symbol of the universe, and it is a reflection of the human body. It is a powerful tool for healing and transformation, and it can be used in many different ways. It can be used to connect with the divine, to heal the body, mind, and soul, and to create a sense of harmony and balance. The mandala is a symbol of the universe, and it is a reflection of the human body. It is a powerful tool for healing and transformation, and it can be used in many different ways.

Oh! Come on. You are Successful!

Planning **PRODUCTIVITY**

YOUR PRODUCTIVITY @ Work Depends on What You do During Your Idle Time

The productivity of a person is not just about how much work they do, but also about how they spend their idle time. If a person spends their idle time in a productive way, they will be more productive when they are at work. If a person spends their idle time in a non-productive way, they will be less productive when they are at work. Therefore, it is important to use our idle time wisely. We can use our idle time to learn new skills, to exercise, to read, to travel, or to spend time with family and friends. These activities can help us to become more productive and successful in our work and in our lives.

SATHIYA YOGAM

MULTIDIMENSIONAL PROGRESSION OF LIFE'S PATH SPEAKS...

8 Pillars of Quantum Shift for Healthy life.

Everything is Energy. Energy Creates Everything. Energy Connects Everything. THE PAST, PRESENT AND FUTURE ALL EXIST SIMULTANEOUSLY.

SATHIYA YOGAM

MULTIDIMENSIONAL PROGRESSION OF LIFE'S PATH SPEAKS...

Heal Your Body, Mind & Soul.

We are multidimensional beings and energetically we have a physical body, an emotional body, a mental body and a spiritual body.

SATHIYA YOGAM

MULTIDIMENSIONAL PROGRESSION OF LIFE'S PATH SPEAKS...

Harmonious Relationship - A Boon

Almost everything we do involves a relationship - in our family life, career / work, in business dealings, in the social circle, with friends and so forth.

LEADERSHIP STYLE

What Happened to These 5 Great Leaders? When They Broke the Rules (It's Not What You Think)



Isn't you?

Leadership is a complex and often misunderstood concept. It is not just about being in charge or having authority. It is about inspiring others, making decisions, and taking responsibility. The five leaders shown here—Mahatma Gandhi, Bill Clinton, Martin Luther King Jr., Nelson Mandela, and Steve Jobs—each broke the rules of leadership in their own unique ways. They challenged the status quo, took risks, and inspired millions of people to follow them. Their stories remind us that leadership is not a title or a position, but a way of life.

DISCOVER YOUR LIFE'S BLUEPRINT



Discover Your Life's Blueprint

Life is a complex journey, and understanding your life's blueprint can help you navigate it more effectively. This book explores the various factors that shape our lives, from our genetics and environment to our choices and actions. It provides a framework for understanding ourselves and the world around us, and offers practical advice for living a more fulfilling and purposeful life.

THE BUDDHA'S SECRET OF MONEY EMOTION



The Buddha's Secret of Money Emotion

Money is a powerful force in our lives, and understanding its emotional impact is crucial for achieving financial freedom. This book explores the Buddha's teachings on money and how they can be applied to modern life. It discusses the common emotions associated with money, such as greed, fear, and attachment, and offers practical strategies for overcoming them. By following the Buddha's path, we can learn to see money as a tool for achieving our goals, rather than a source of stress and anxiety.

DEEPER DIMENSIONS of YOGA and INTEGRATION



DEEPER DIMENSIONS of YOGA and INTEGRATION

Yoga is a holistic practice that combines physical postures, breathing techniques, and meditation. This book explores the deeper dimensions of yoga, including its philosophical foundations and its role in promoting overall health and well-being. It discusses the integration of yoga with other aspects of life, such as work, relationships, and spirituality, and offers practical advice for incorporating yoga into a busy lifestyle.

How Fortunate Are You?



How Fortunate Are You?

Fortune is a complex and often misunderstood concept. It is not just about luck or chance, but about the circumstances and opportunities that shape our lives. This book explores the various factors that contribute to our fortune, from our genetics and environment to our choices and actions. It provides a framework for understanding ourselves and the world around us, and offers practical advice for maximizing our potential and achieving our goals.

ACCESS YOUR TRAVEL DISCOVER YOUR PASSION



ACCESS YOUR TRAVEL DISCOVER YOUR PASSION

Travel is a powerful way to explore the world, discover new cultures, and find your passion. This book provides a comprehensive guide to travel, including tips on how to plan a trip, choose a destination, and make the most of your experience. It also discusses the role of travel in personal growth and self-discovery, and offers practical advice for using travel as a tool for achieving your goals.

THE ART OF CELEBRATION



THE ART OF CELEBRATION

Celebration is a natural part of life, and it is important to embrace it and make the most of our achievements. This book explores the art of celebration, including the various ways in which we can celebrate our successes and the benefits of doing so. It discusses the role of celebration in personal growth and self-discovery, and offers practical advice for incorporating celebration into a busy lifestyle.

MONEY and Entrepreneurship



Money and Entrepreneurship

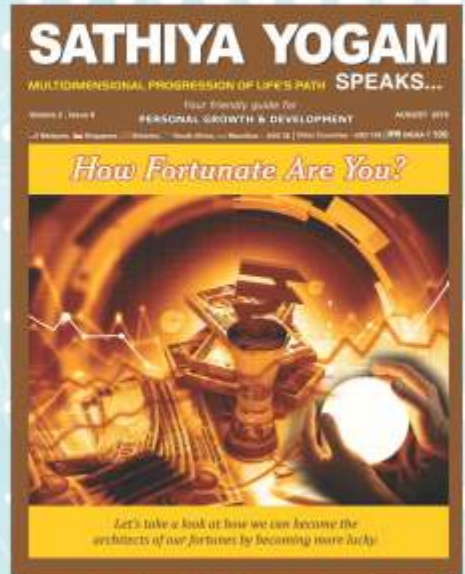
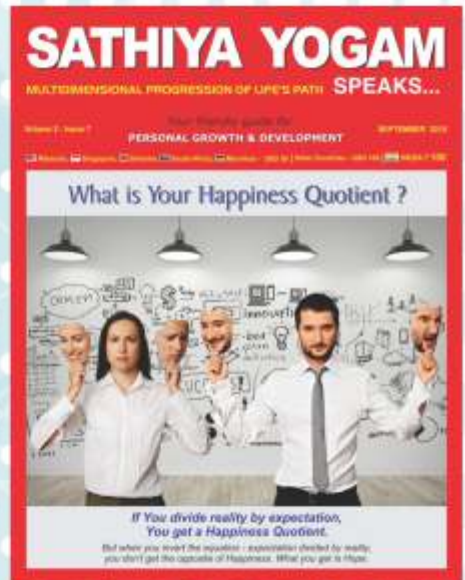
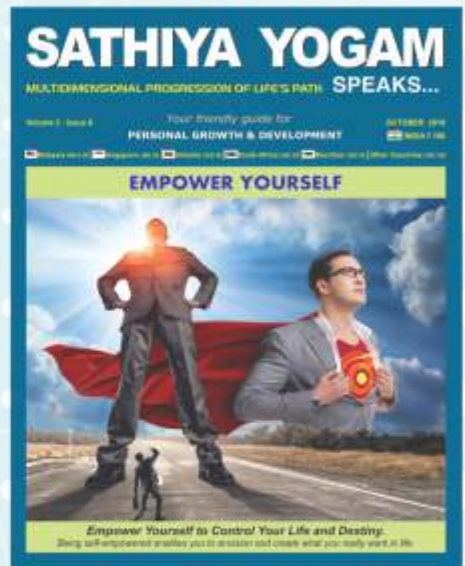
Money is a powerful force in our lives, and understanding its role in entrepreneurship is crucial for achieving financial freedom. This book explores the relationship between money and entrepreneurship, and offers practical advice for managing money effectively in a business context. It discusses the various ways in which money can be used to grow a business, and offers practical strategies for overcoming the challenges of entrepreneurship.

HEALING THROUGH CRYSTALS

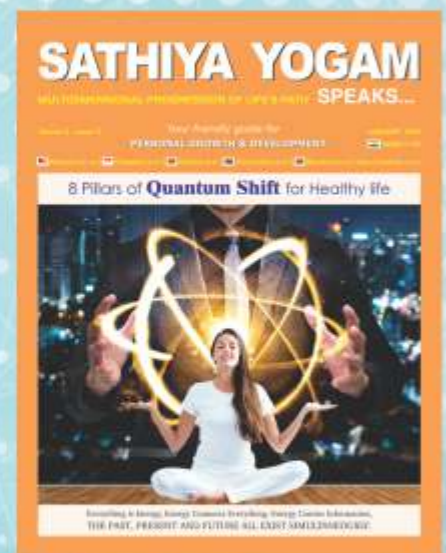
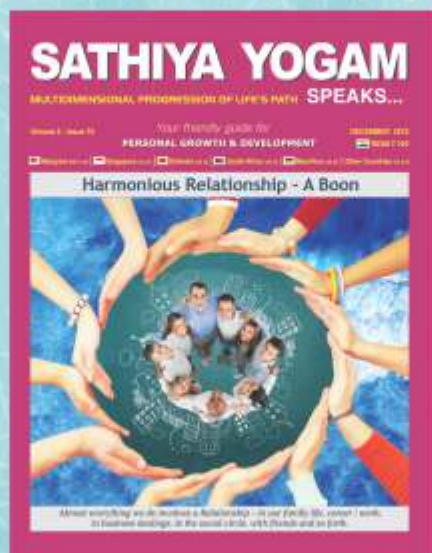
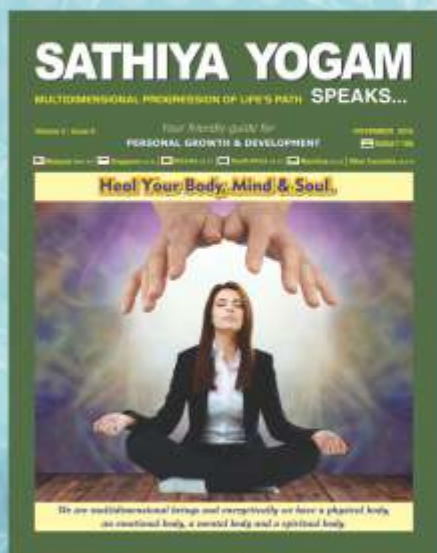
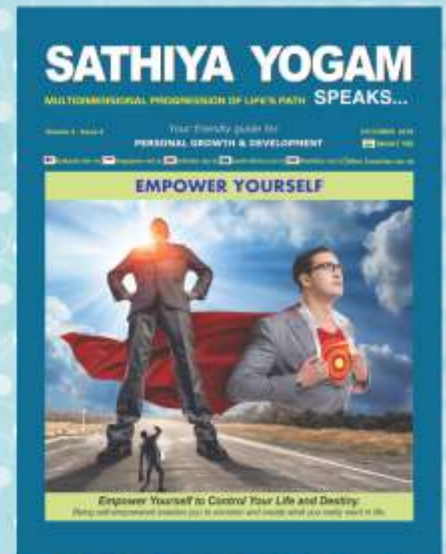
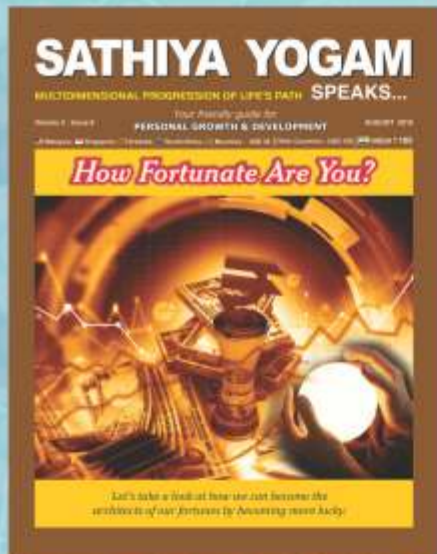
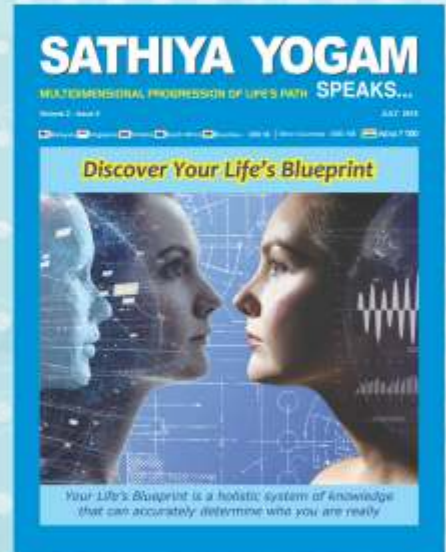
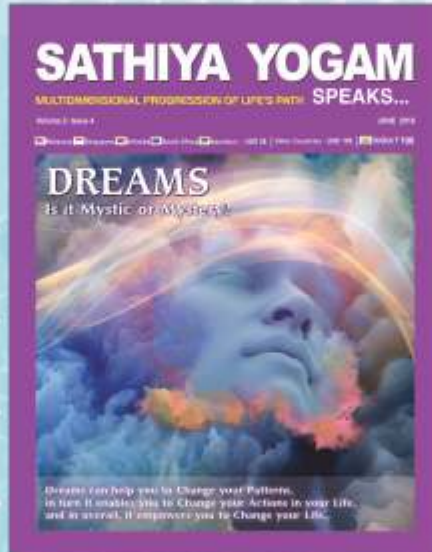


HEALING THROUGH CRYSTALS

Crystals are powerful tools for healing and personal growth. This book explores the various ways in which crystals can be used to promote health and well-being, including through meditation, energy work, and other practices. It discusses the properties of various crystals and offers practical advice for choosing and using them effectively.



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PERSONALISED SERVICES

Life Path Progression

Apart from the general services provided by Sathiya Yogam, there are few personalised services provided by Aathmeswar Sathiyaji. Life Path Progressions is his personalised coaching and consulting service for specific purposes. For these services, he is utilising specialised and advanced machineries to understand a person, analyse a person's body and mind condition and to align the person. to his path Way.

Few of the machineries used for the services are Aura Scanner, Aura Analyser, Cosmic Antenna, Astrology (Traditional, K.P. Method), Human Design (Western Method), Kirlian Photography, Predictions using (Tarot card, Prasnam, Angel reading) God helmet (Shiva, Sakthi, God experience) Quantum consciousness (Scalar energy, Bio feedback resonance energy and Alchemy).

PERSONALISED SERVICES

for Holistic Wellness & Wholesome Success



EXPLORATORY PROGRESSION

- Personal Growth** : Mind power for Holistic Wellness & Wholesome Success
- Family & Relationship** : Spiritual Tools, Batch Flower and Ho'oponopono technique
- Health & Food** : Monicor Frequency Therapy & Spatika Chikitsha
- Wellbeing & Spiritual** : Meditation and Healing
- Money & Finance** : South West Vasthu Box and Gem stones
- Career & Profession** : Dermatoglyphics multiple intelligence test
- Social & Lifestyle** : Mandala Healing & Crystal Homa

LIFE PATH PROGRESSION

(This Personalised program includes Exploratory Progression and followed by the below)

Human Design pattern Analysis

Aura Analyser 54 parameters Analysis

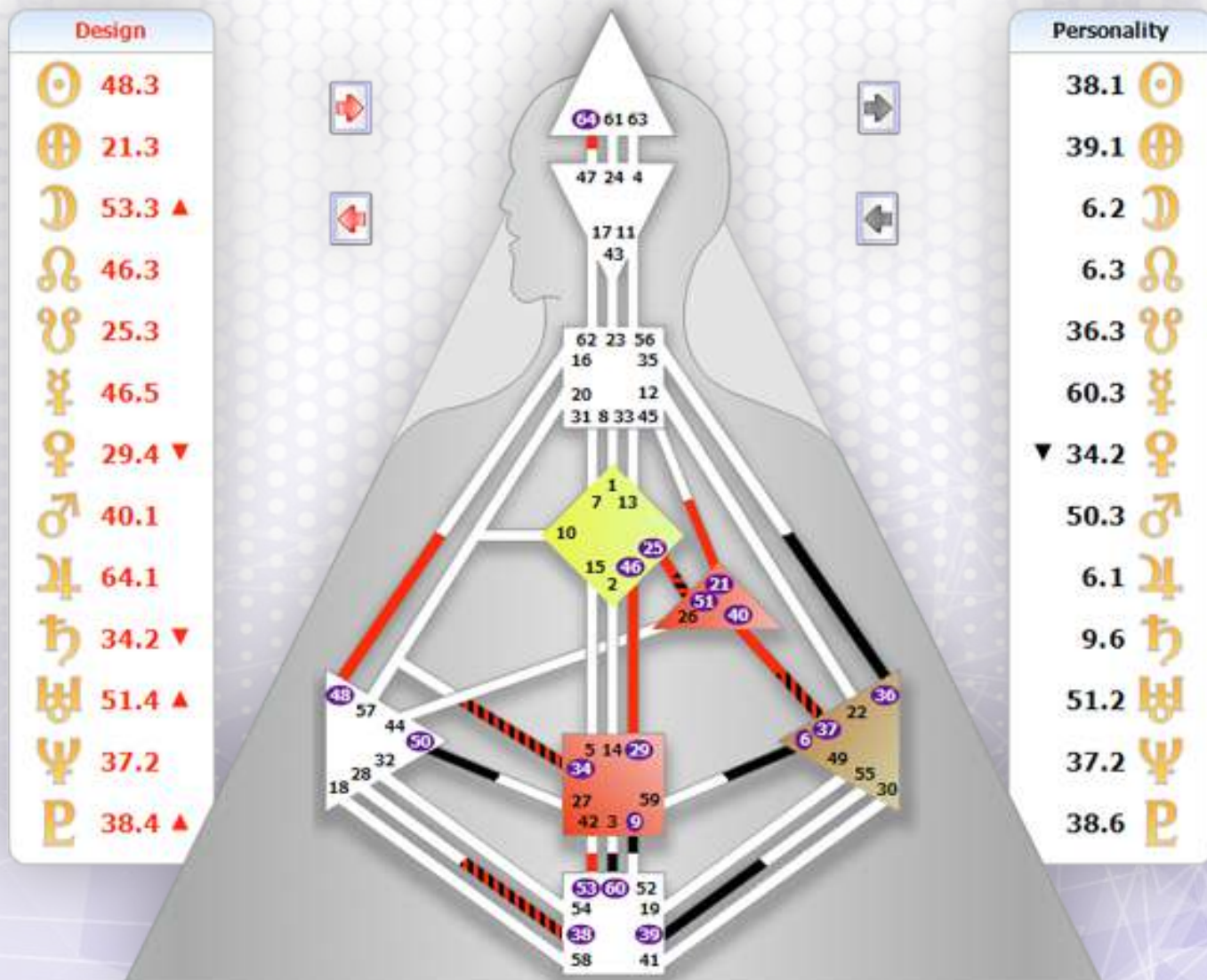
Brain Light Penal and Pituitary glands activation

God Helmet for raising Shiva LIFE and Shakthi Consciousness

Life Core Essence tracking with Prasanam, Tarot card and Angel Reading.

Fulfilling Desires with Scalar Energy, Quantum Bio-feedback & resonance, Alchemy.

HUMAN DESIGN



AURA SCANNER

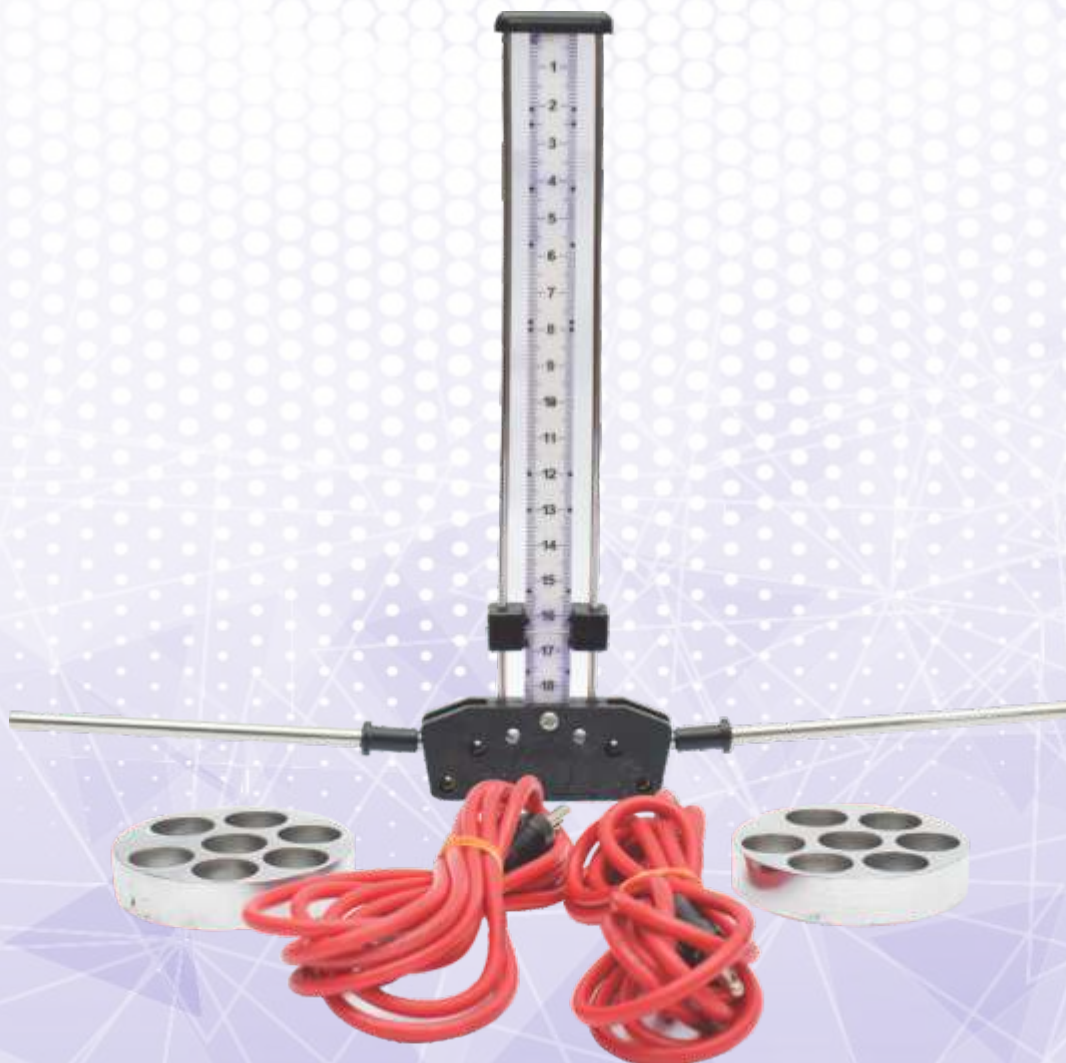
Aura Scanner is used
To measure dimensions of Aura.
To check the compatibility.
To find out negative and positive points in the given area.
To find out Geopathic stress.



COSMIC ANTENNA

Cosmic Antenna checks the energy patterns.
It is used to measure the energy in the form
of frequency.

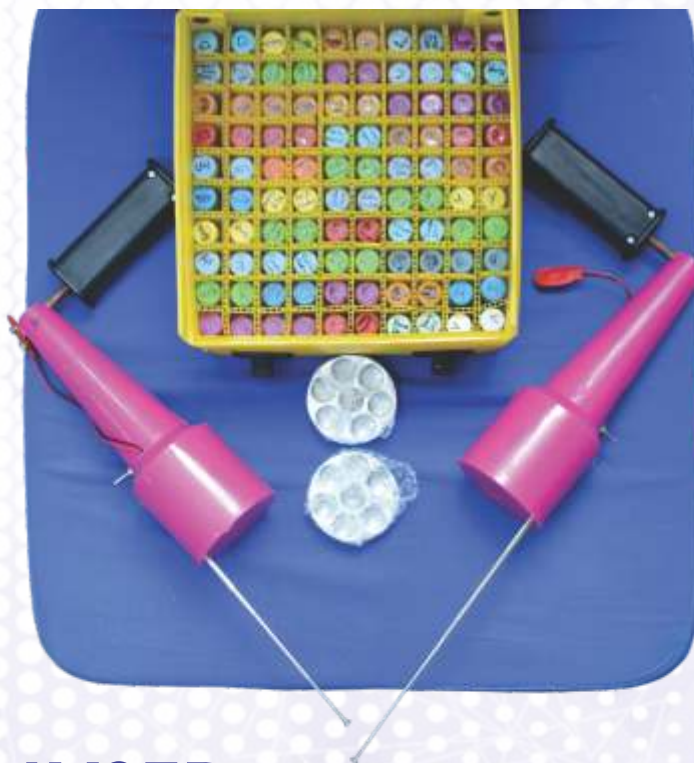
It is used as a pendulum.



AURA ANALYSER

It analyse the 54 categories like 5 elements, 8 directional energies, compatibility of person with person Gems, Gold, Silver, etc.

And also energy compatibility.



QUANTUM ANALYSER

The device helps us to identify the minerals, salts, fluids content in the body.



ALCHEMY PROCESS



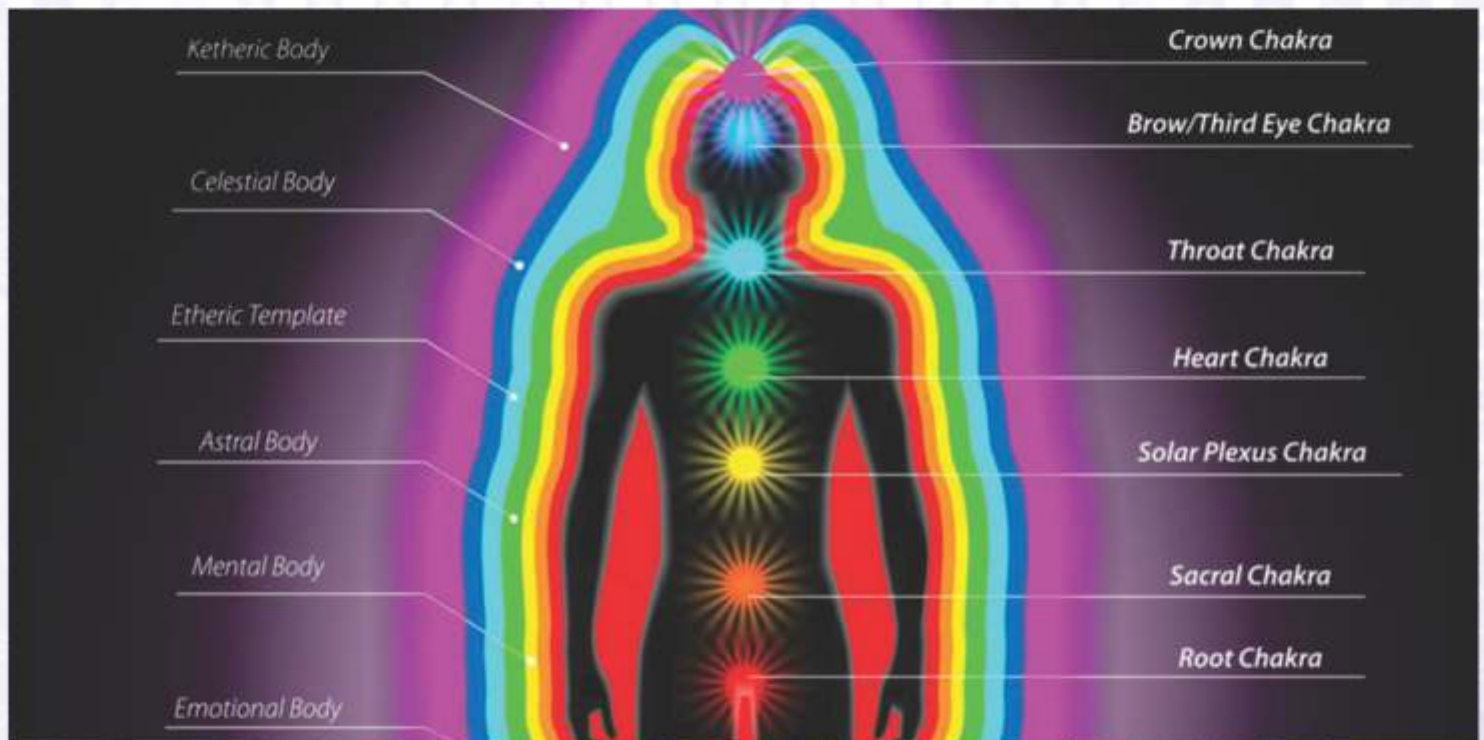
ANGEL READING



TAROT CARD



KIRLIAN PHOTOGRAPHY



QUANTUM CONSCIOUSNESS

Science and Spirituality are 2 forces that have divided the world over the centuries! The new discoveries of Quantum Physics help reduce the "Gap" between Science and Spirituality. Quantum Physics provides the basis for a Science of Consciousness, the Quantum Consciousness.

Quantum theory of consciousness presents a method of integrating traditional religious view of the soul the afterlife and the possibility of other realms of existence with contemporary scientific theories of the relationships between consciousness and the body between subjective perception and objective physical reality.

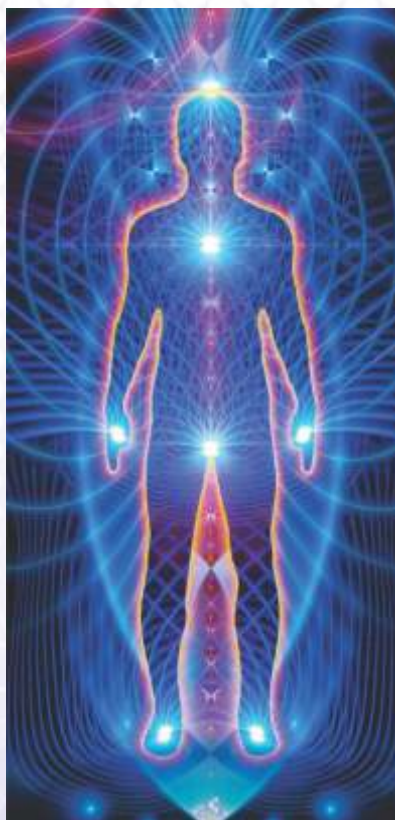
❖ According to Quantum theory consciousness exists as energy information beyond our perceived 3-dimensional reality and cosmos.

❖ Our body exists within the 3-dimensional universe, receives the energy information transmissions of our removed consciousness in the way that a radio receives radio signals from broadcast station.

❖ We experience these transmissions or signals as our thoughts, feelings, mental images and other forms of mental activity.

❖ However just as the broadcasts that come out of the radio actually originate from a distant broadcast station. We experience these transmissions or signals

as our thought, feelings, mental images and other forms of mental activity. Our thoughts & feelings which seem to appear from inside our "head" actually come from a transcendent realm where our actual mind is located.



❖ Quantum consciousness states that consciousness exists before the formation of the brain and therefore can exist after the death of the brain.

❖ We commonly believe that the universe an incalculably vast and complex chain of physical events created consciousness, our self-aware, thinking, feeling mind. But it might just as well be that a preexisting consciousness or mind causes the creation of the universe.

❖ Through Quantum consciousness, it came to know these human beings possess nearly unlimited latent abilities in extra-sensory perception.

❖ The discovery that each human being possesses not one but several bodies.

❖ The acceptance of psychic surgery as a medical practice.

❖ The replacement of the theory of genetic evolution by a theory of self-evolving consciousness.

❖ The discovery (or long overdue revelation of) the existence of extraterrestrial civilization.

- ❖ The acceptance of the survival of consciousness after death, confirmation of the reality of reincarnation, ghosts and other realms of post mortal existence.
- ❖ The acceptance of the existence of other forms of intelligent consciousness.
- ❖ The discovery of subatomic universes.
- ❖ The direct exploration of all such world using instantaneous, non-fuel based modes of translocation perhaps involving the teleportation of consciousness.
- ❖ The observation of not only other realms of non-material existence, but other forms of non-materially based intelligence spirit guides, angels, demons, gods, fairies call them what you will.
- ❖ The vanishing of the distinction between matter, energy, thought, feeling and awareness.

Our universe has many dimensions, but there's a certain level or dimension that runs through and unites all things (people / animals / objects / energy). It is called the unified field of consciousness or Quantum Consciousness.

The Quantum Consciousness contains information that is not encoded in a medium but is stored non-locally as wave functions in non-local space, which also means that all information is always and everywhere immediately available. Everything and everybody share this



Quantum Consciousness. Some might call it God or Divine Consciousness.

It is a consciousness beyond matter, beyond judgment, fanaticism, prejudice an infinite source of compassion, sharing, cooperation and love. An awareness of this connection unveils a world of possibilities!

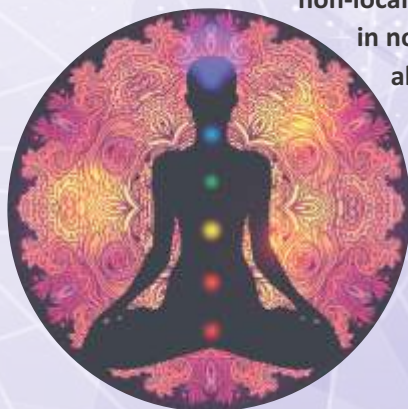
BY A WAY OF

- b Quantum Bio-feedback and Bio-Resonance energy.
- b Subtle Energy.

We can equip the being with above information about every happening in our life is according to the imprint in D.N.A.

By a way of giving information through quantum Bio-feedback and Bio-Resonance energy, subtle energy to that being. Thus the being can overcome problems & fulfill all desires.

In other words to fulfill any desires, that being need information which above systems can equip it.



Quantum

Bio Feedback & Bio Resonance

Bio-Feedback & Bio-Resonance Quantum Technologies is universal Electro physiological biofeedback system..

It Coordinates a complex Electro-modal Biofeedback program, using his ultra-Sophisticated software to collect bio-energetics information from the client's Subconscious.

This information is collected by means of head and limb electrodes, Providing an accurate picture of the customers overall energy status.

This information is selected and indexed by the SCIO / EDUCTOR in order of highest responsiveness and the stressors are then analyzed & harmonized as part of a SCIO / EDUCTOR session.

Special applications include

- F Meridian system correction
- F Scalar Auto program (Charka system)
- F Trivector program (Voltage, Amperage, resistance)
- F Electro Acupuncture
- F Muscular re-Education for injured muscles [MENS-NLP]
- F Muscular re- Education for Athletes EMG, EEG ECG GSR Biofeedback chart
- F Hyper- reactant reactivity Training.

Quantum Bio-Feedback & Bio-Resonance is able to

- F Analyze tissue / organ in depth
 - F Identify & reduce the stresses causing health problems
 - F Harmonize energetically the imbalances detected
- By constantly analyzing the data it receives from the client the system modifies the amplification & frequency adjustments accordingly during the session.



QUANTUM CONSCIOUSNESS

(VISWA VYAPINI)

Scalar Energy (The Future Has Arrived for Distance Balancing and Healing of Human Energy field & Non-Living Area)

This is a Most Advanced Radionic / Radisthesia Device Invented by Dr. Willard Frank (aka Bill Lawson Ph.D.) Imagine having a tool in your hands that gives you access to the blueprints of reality. Since IDFs (Intrinsic Data Fields) exist in all things, Then having a way to influence these data fields with this is limited only by your creativity. Whether you work with plants, animals, business or just around the home, this is the perfect tool to make changes in the basic fabric of the universe that you live in. The Scalar Energy legacy is self evident for most people that have investigated this area of research. Since its inception in 1985, the Scalar Energy has become the standard of the industry.



GOD HELMET

SHIVA | SAKTHI | GOD EXPERIENCE

God Helmet is a apparatus invented by Dr. Michael A Persigner.

God Helmet uses magnetic signals to gently stimulate the brain, eliciting spiritual sensations, moods & experiences.

TYPES:-

Shiva Neural stimulation – 16 coil system

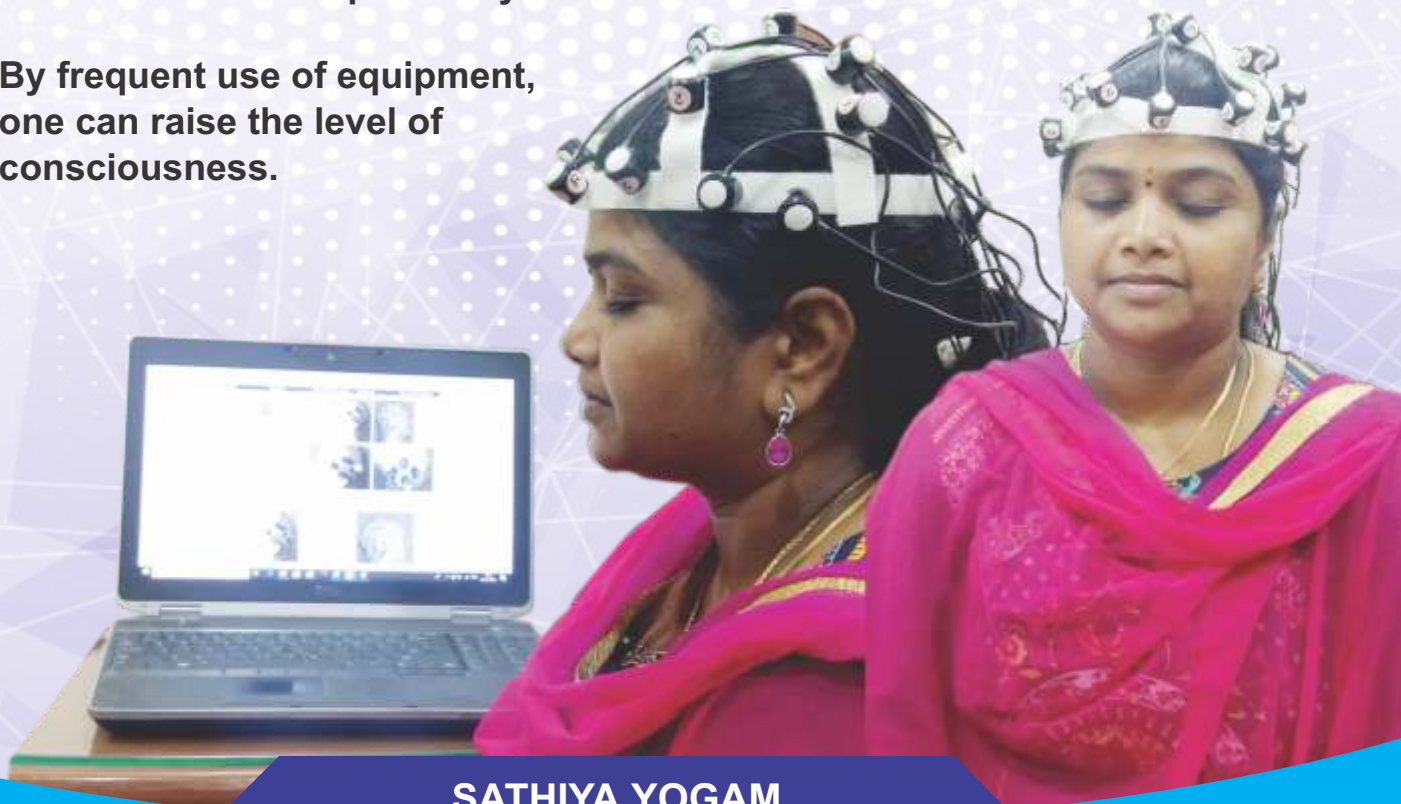
Shakthi Neural stimulation – 8 coil system

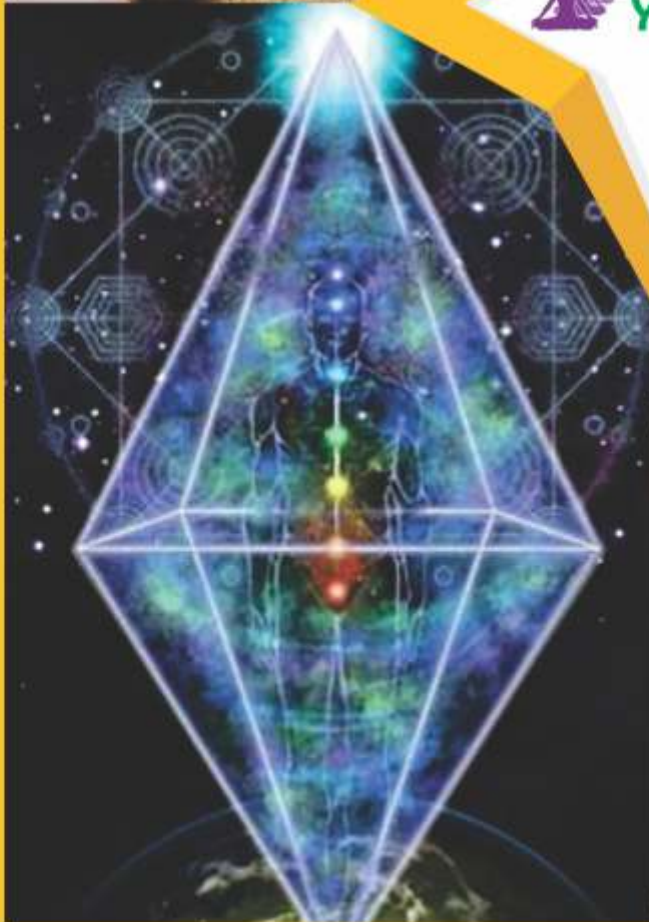
God Helmet places the coils over the upper temporal lobes the source for most spiritual religious and mystic experiences.

God Helmet is able to produce out of body experiences, Visions of other realities, Transcendent experience, Tunnel, the void or a spirit walk, Range of paranormal experiences.

It is also used therapeutically.

By frequent use of equipment, one can raise the level of consciousness.







**SATHIYA
YOGAM**

SATHIYA YOGAM Divisions

**SEVA • SHIKSHA • CHIKITSA
CHIKITSALAYAM • OWSHADHAM
SAAMAGRI • PRACHAR**

HEAD OFFICE :

SATHIYA YOGAM ASHRAM

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